



Office: 117 Crichton Ave., Dartmouth, NS, B3A 3R6

Studio: North Woodside Community Centre,
230 Pleasant St., Dartmouth, NS

Phone: 902-466-0101

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Class Schedule - 2020/21

Notes:

- Ages are shown as approximate guidelines. Students are placed in classes based on experience and readiness.
- Adults with training should take the class at their appropriate level. Please contact the office for level recommendations.
- All skill levels are invited to participate in conditioning classes. Please note they have a 'dancer' focus.
- Schedule is subject to change.
- All students are subject to all published policies on the website, this schedule and the annual Registration Form.

Health Safety:

- Classes will be limited to 10 persons, including the instructor and teaching assistant.
- Students will be provided with an outline of our *Health Safety Plan & Health Screening Questionnaire* prior to the start of the session.
- All students will be required to agree to and abide by the health safety plan to participate in live classes.

Class	Age	Class Day & Time	Check-in Time	Studio	Teacher
Creative Movement					
KiDance	3-5	Sat. 9:00-9:45AM	9:00AM	#5	Lehman
Ballet & Pointe					
Ballet Primary	5-6	Sat. 10:00-10:45AM	10:00AM	#4	Lehman
Ballet 1	6-7	Sat. 9:45-10:45AM	9:45AM	#5	Wolfe
Ballet 3	8-12	Sat. 10:45-12:00PM	10:45AM	#5	Wolfe
Ballet 4	9+	Sat. 12:00-1:15PM	12:00PM	#5	Hardy
Ballet 5	10+	Sun. 2:00-3:30PM	2:00PM	#5	Hardy
Ballet Level 6	11+	Thu. 4:30-6:00PM	4:30PM	#5	Hardy
Ballet Level 6 & Pre-Pointe	11+	Thu. 4:30-6:30PM	4:30PM	#5	Hardy
Ballet 7	12+	Sun. 12:00-1:30PM	12:00PM	#5	Hardy
Ballet 7	12+	Wed. 4:30-6:00PM	4:30PM	#5	Hardy
Ballet 7 & Pointe	12+	Wed. 4:30-6:30PM	4:30PM	#5	Hardy
Ballet 8 Ballet	13+	Thu. 7:30-9:00PM	7:30PM	#5	Hardy
Ballet 8 & Pointe	13+	Thu. 7:30-9:30PM	7:30PM	#5	Hardy
Ballet Advanced	15+	Sat. 1:15-2:45PM	1:15PM	#5	Hardy
Ballet Advanced & Pointe	15+	Sat. 1:15-3:15PM	1:15PM	#5	Hardy
Senior Ballet	Teen/Adult	Thu. 7:30-9:00PM	7:30PM	#5	Hardy
Senior Ballet & Pointe	Teen/Adult	Thu. 7:30-9:30PM	7:30PM	#5	Hardy
Adult Ballet Beginner	Adult	Wed. 7:45-8:45PM	7:45PM	#5	Hardy
Adult Ballet Basic	Adult	Wed. 6:30-7:45PM	6:30PM	#5	Hardy
Jazz					
Pre-Jazz/Jazz A	6+	Sat. 11:00-11:45AM	11:00AM	#4	Lehman
Jazz B	8+	Tue. 4:30-5:45PM	4:30PM	#5	Armstrong
Jazz C/D	10+	Tue. 5:45-7:15PM	5:45PM	#5	Armstrong
Jazz E	Teen	Tue. 7:15-8:45PM	7:15PM	#5	Armstrong
Modern					
Modern A/B	7+	Mon. 4:30-5:45PM	4:30PM	#5	Wiebe
Modern C	10+	Mon. 5:45-7:00PM	5:45PM	#5	Wiebe
Modern D/E	12+	Mon. 7:00-8:30PM	7:00PM	#5	Wiebe
Other					
Conditioning	All ages	Thu. 6:30-7:30PM	6:30PM	#5	Hardy
Private/Semi-Private	All ages	By Appointment	TBA	#5	TBA