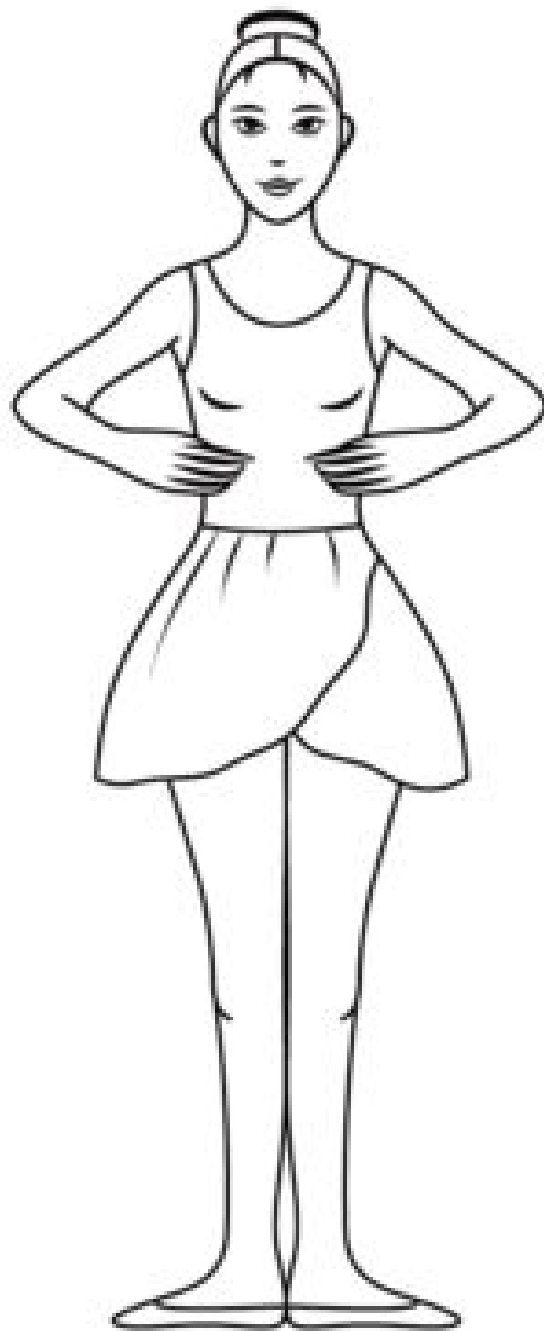
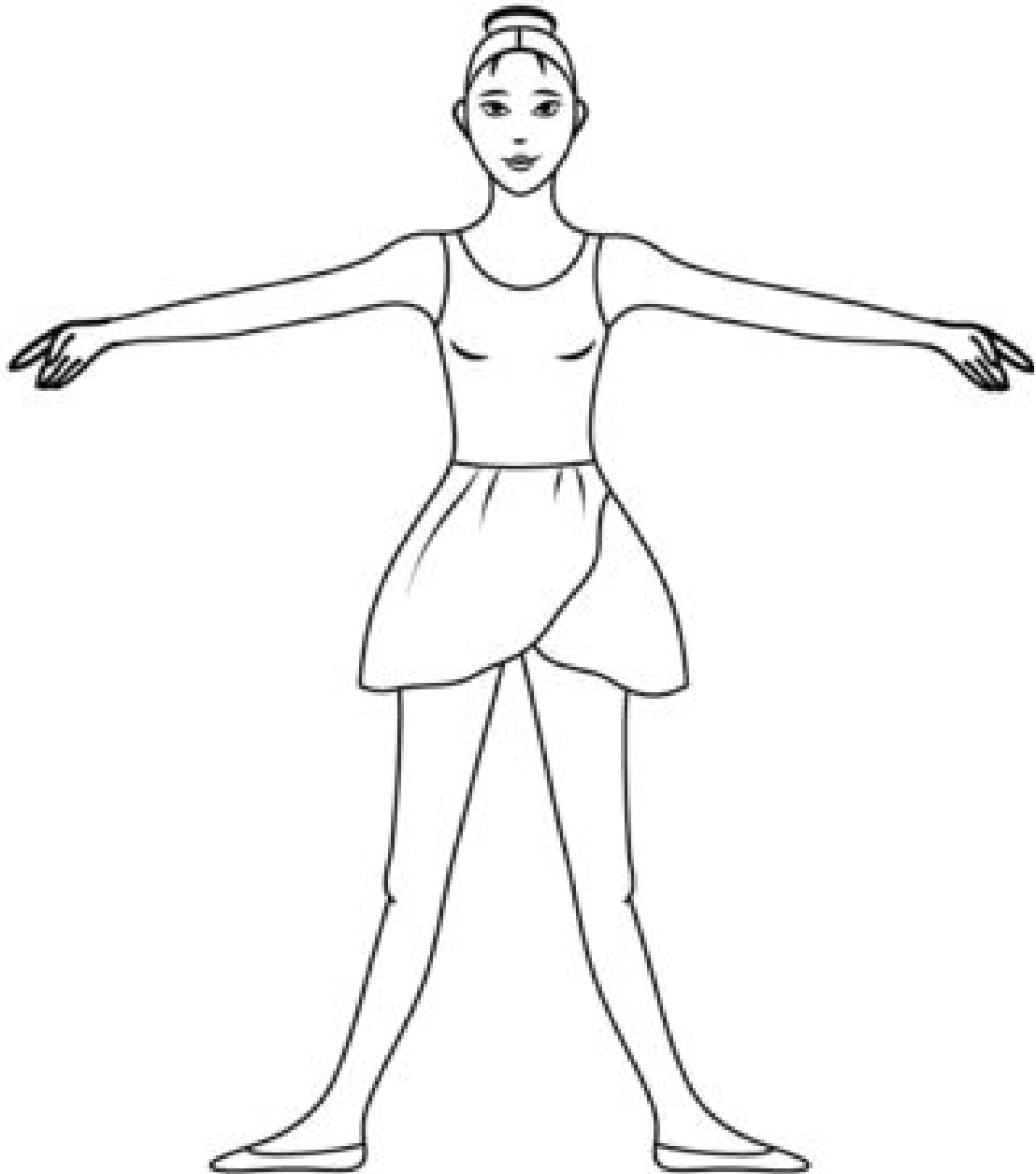


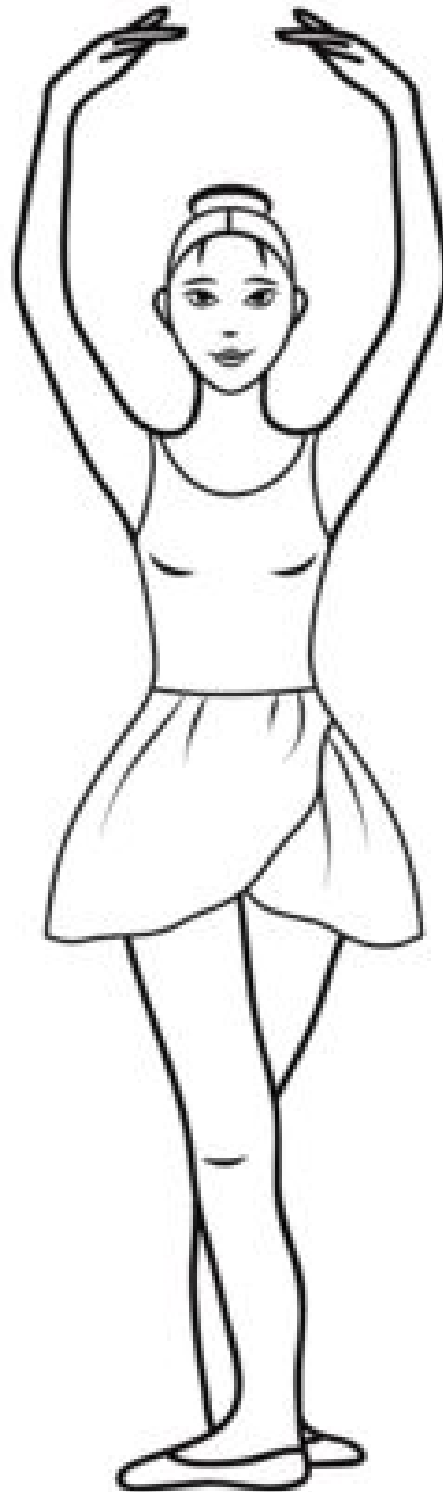
# 1st position

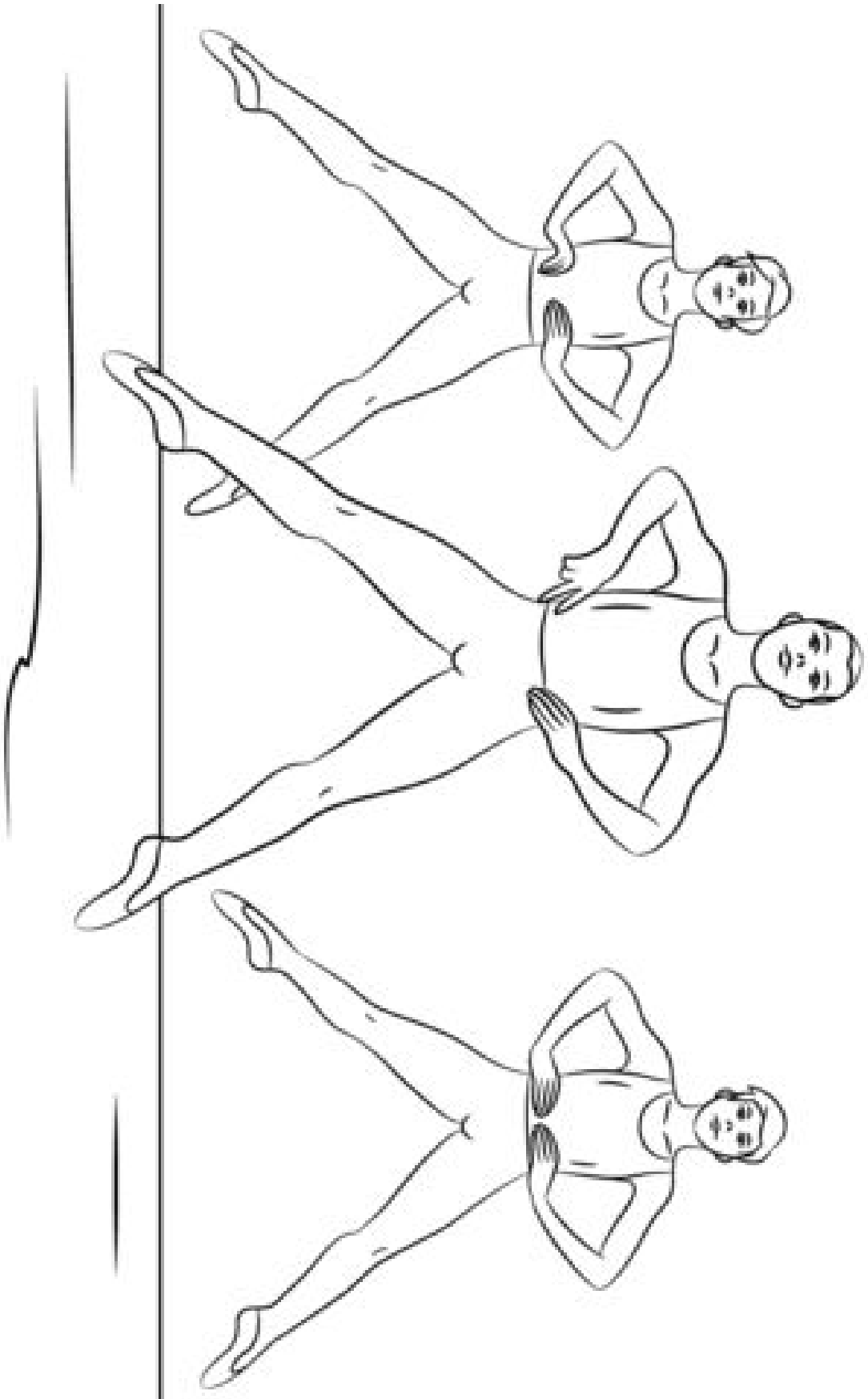


# 2nd position

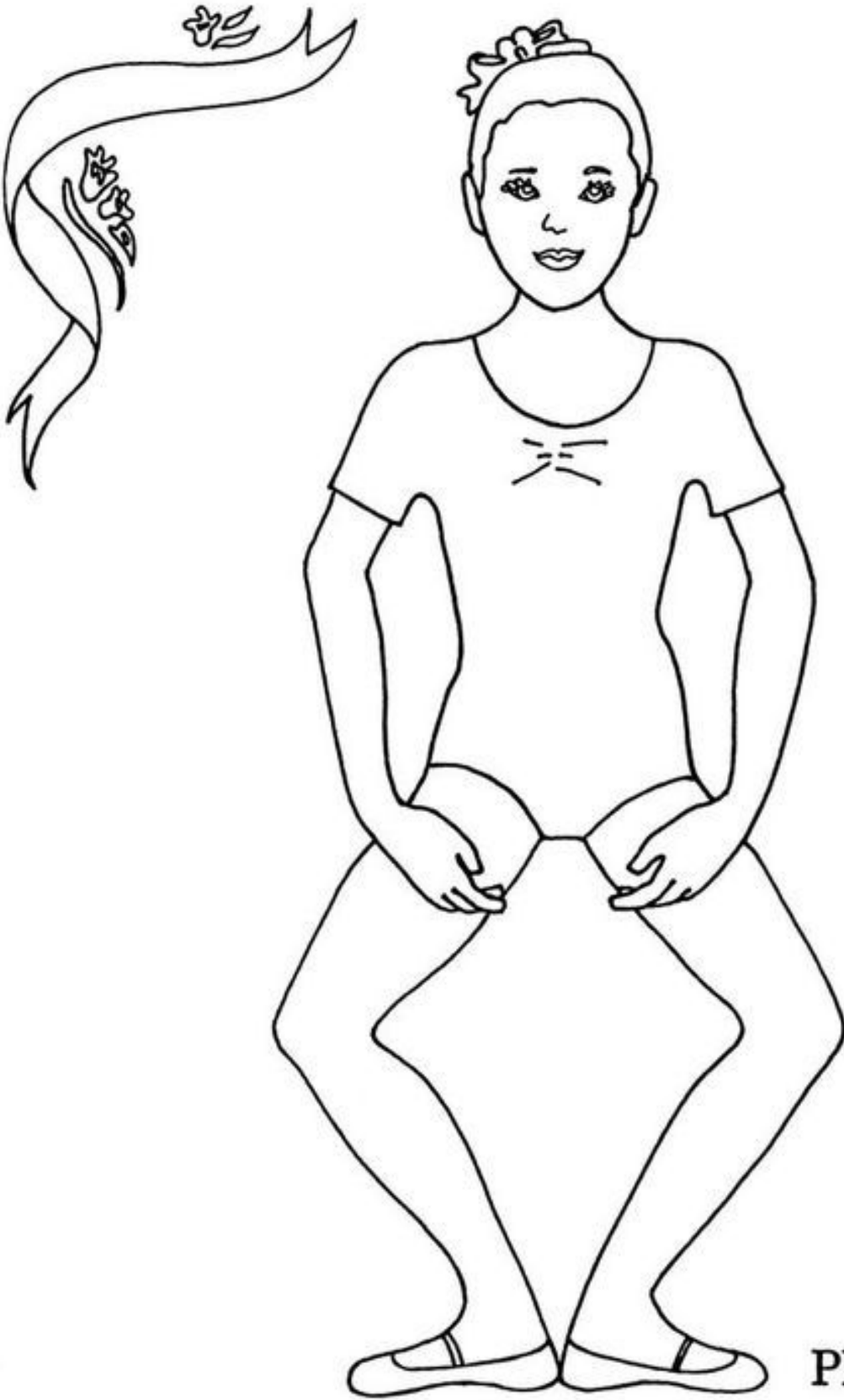


# 5th position





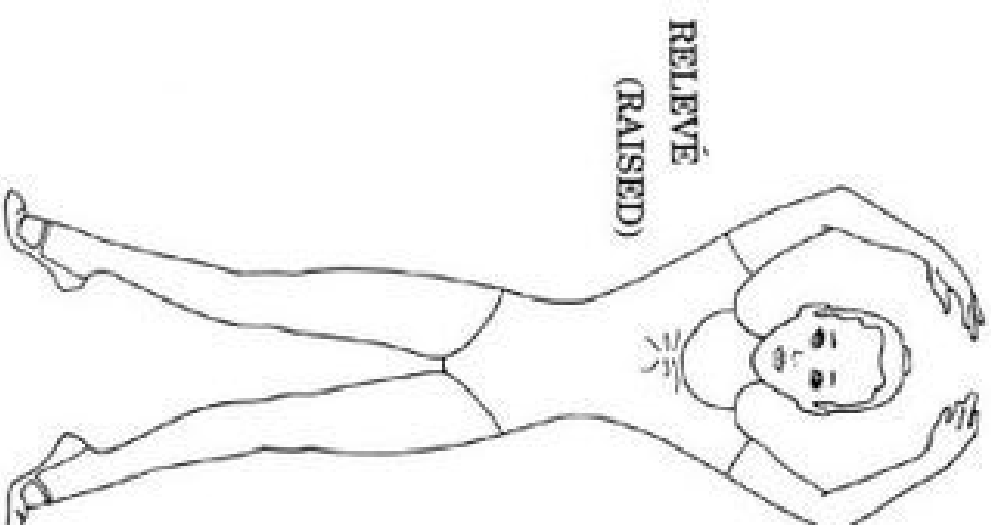




PLIÉ  
(BENT)

# Relevé

[ruh1-VAY]  
To Rise





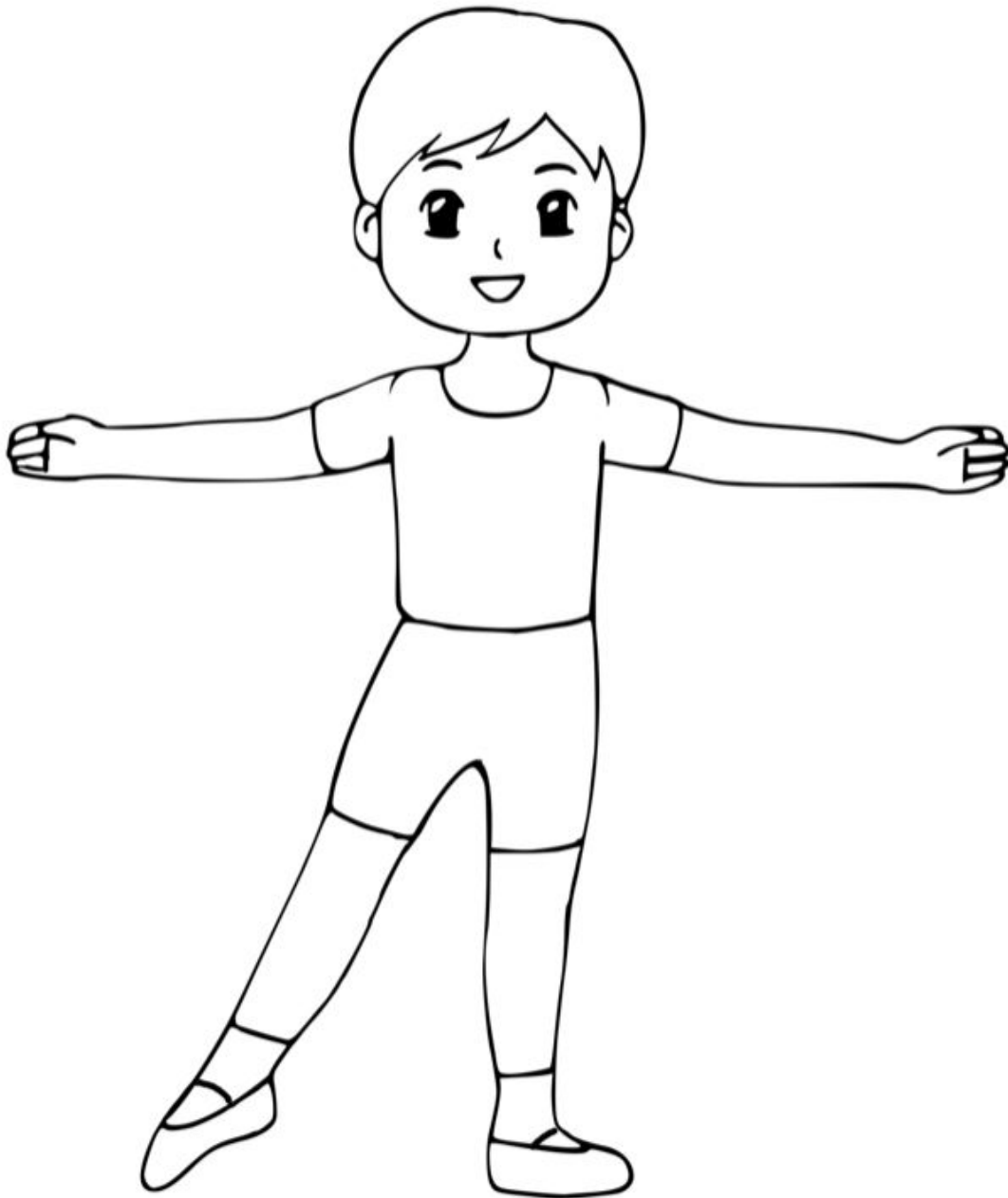




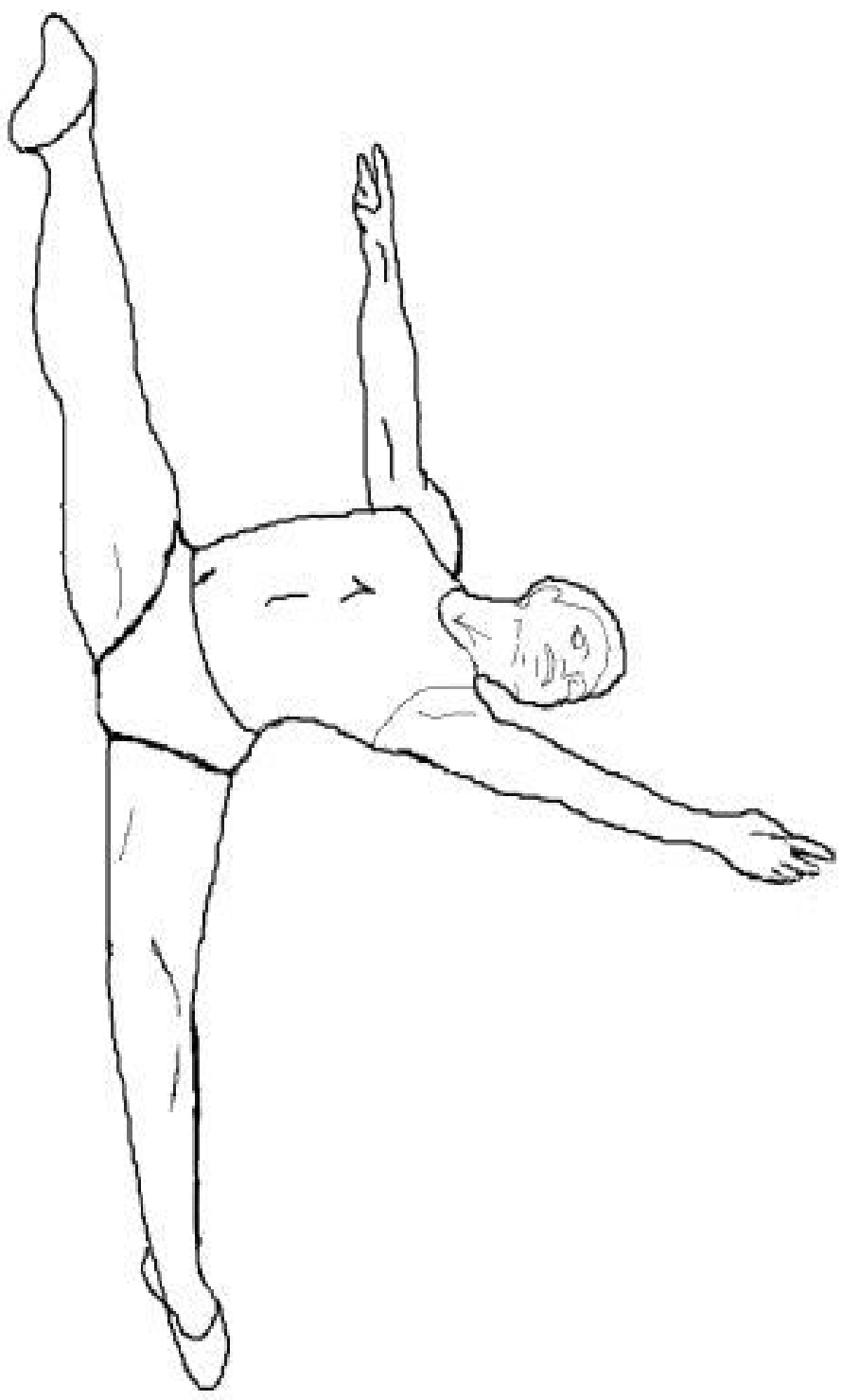
# Tendu

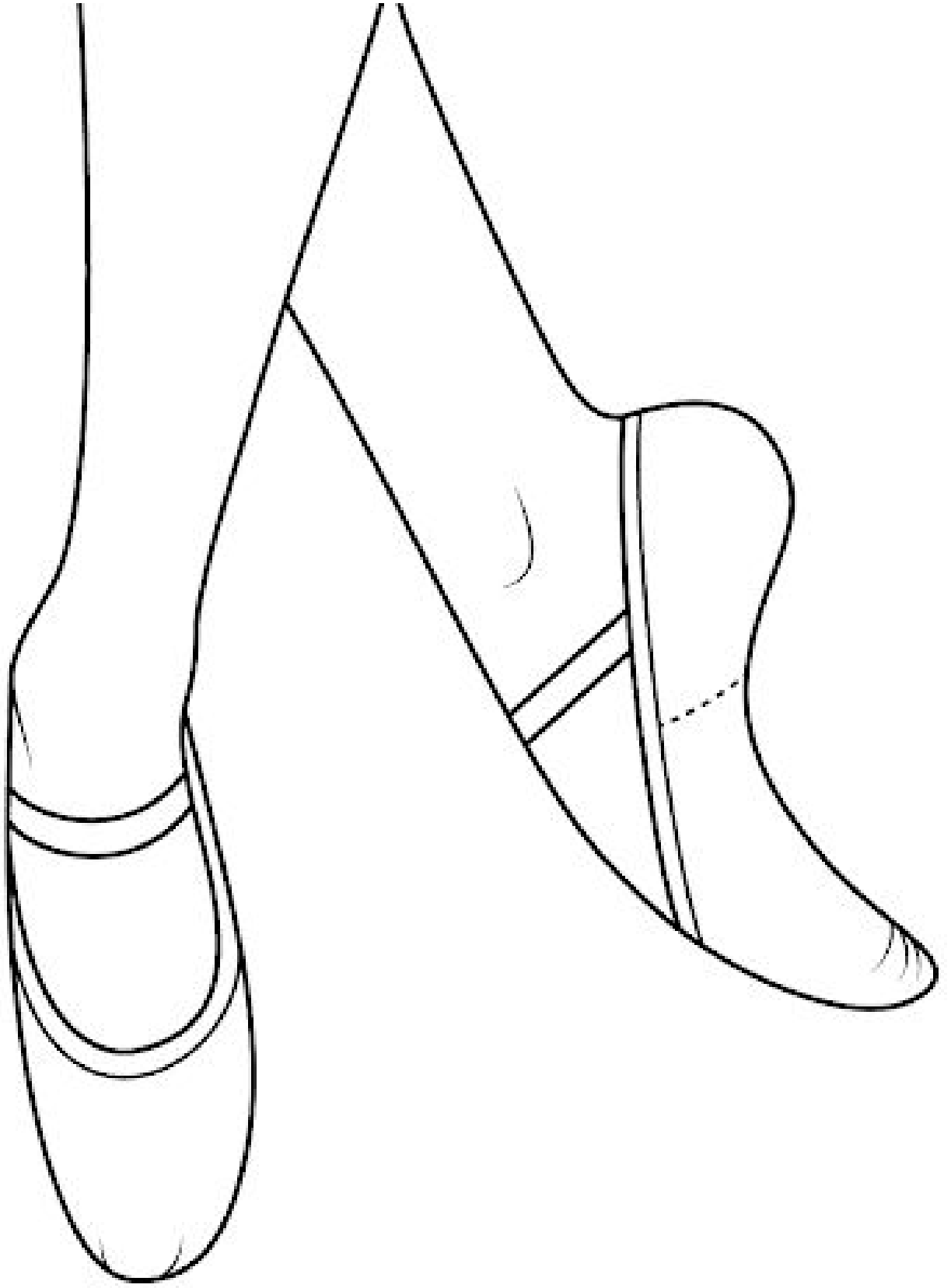


# Tendu



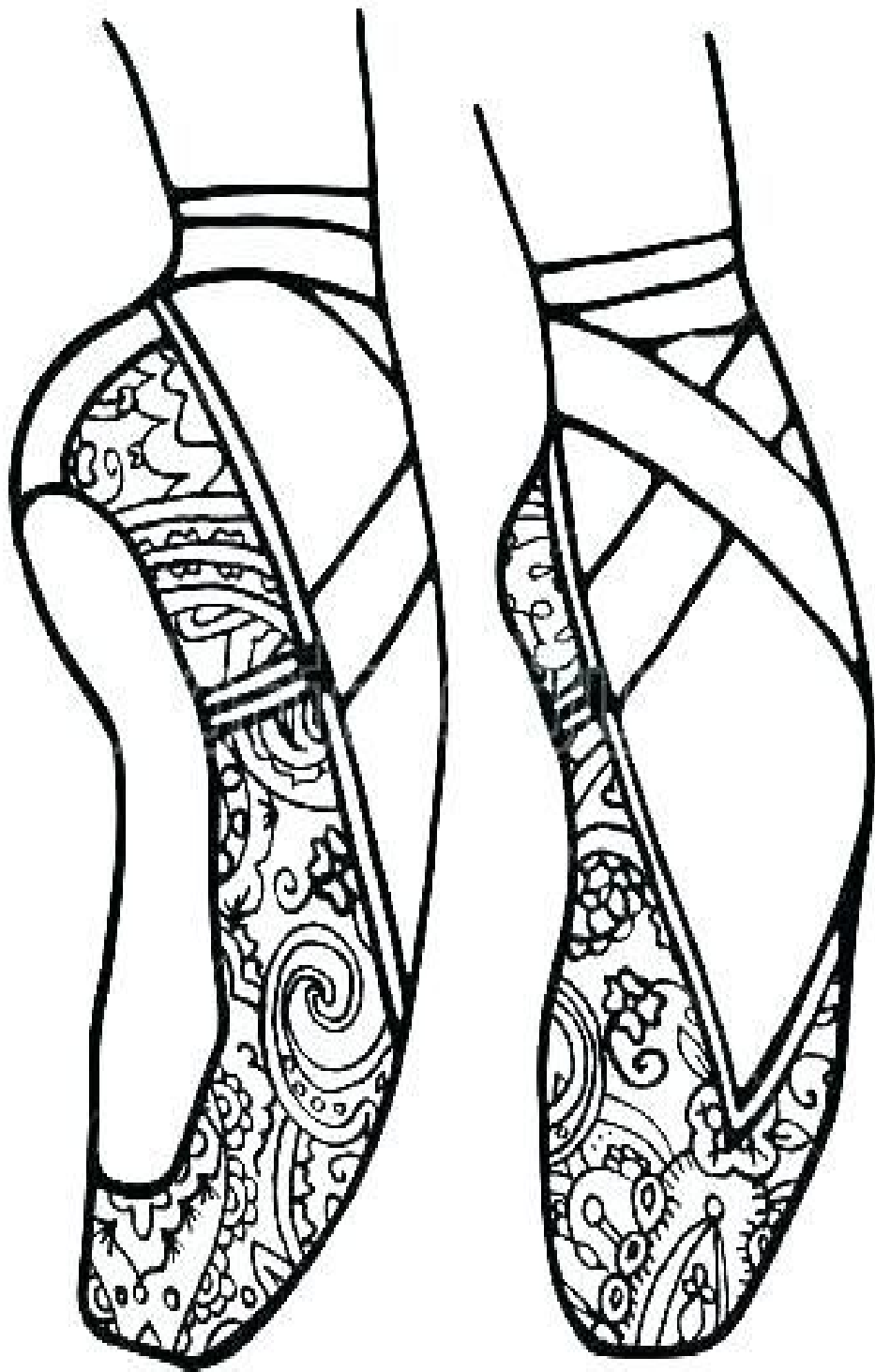
Line Art by  
Color-Your-Own.com



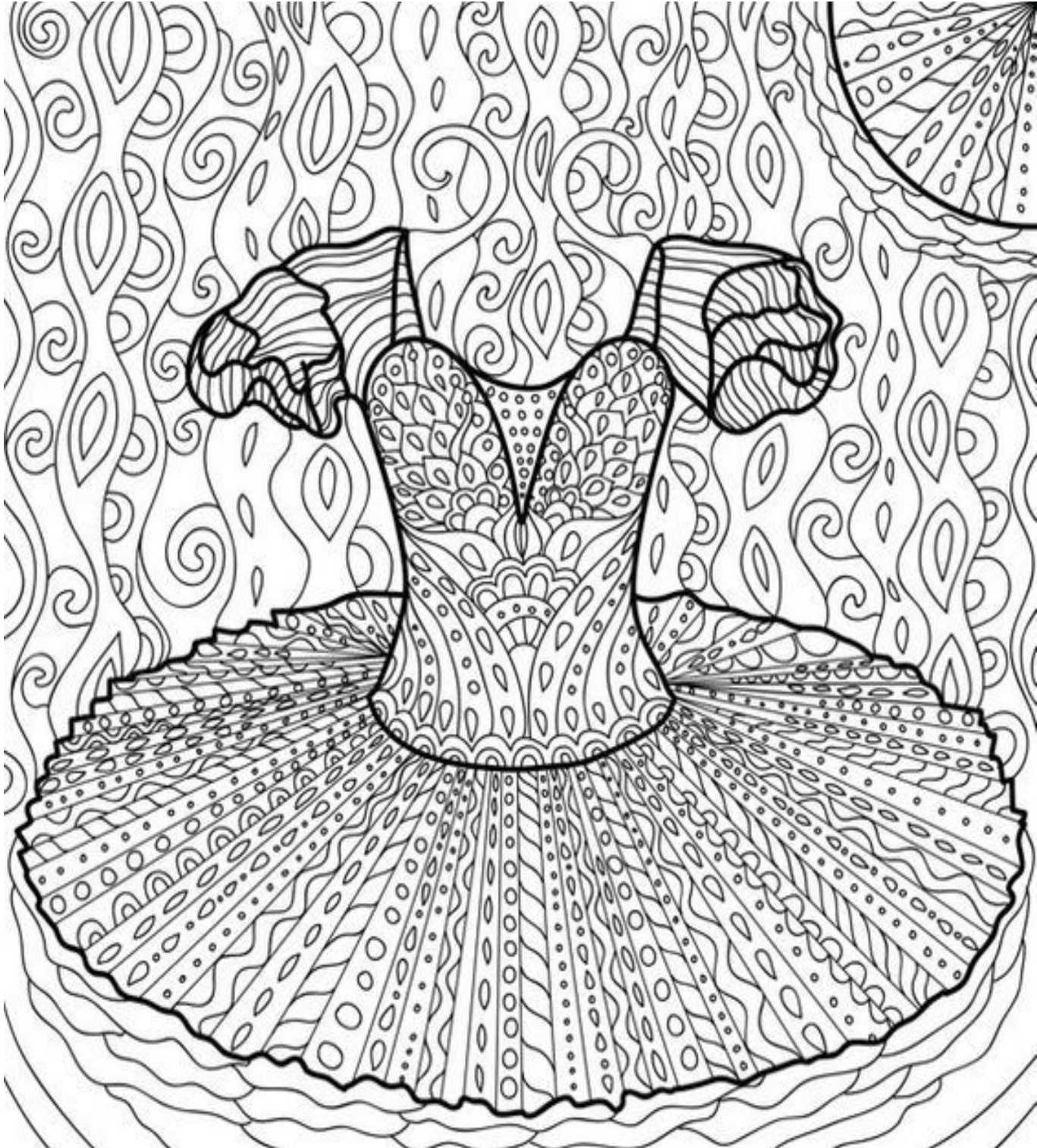








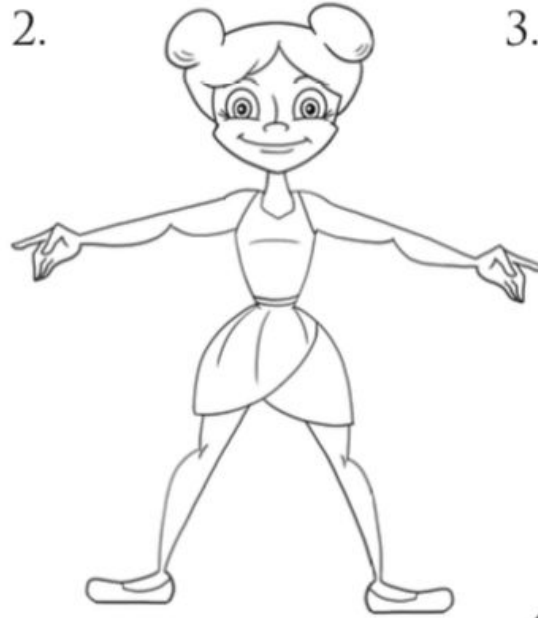






# BALLET

Keep all text and illustrations within the 0.5" margin





A Classical Tutu



Odette from Swan Lake



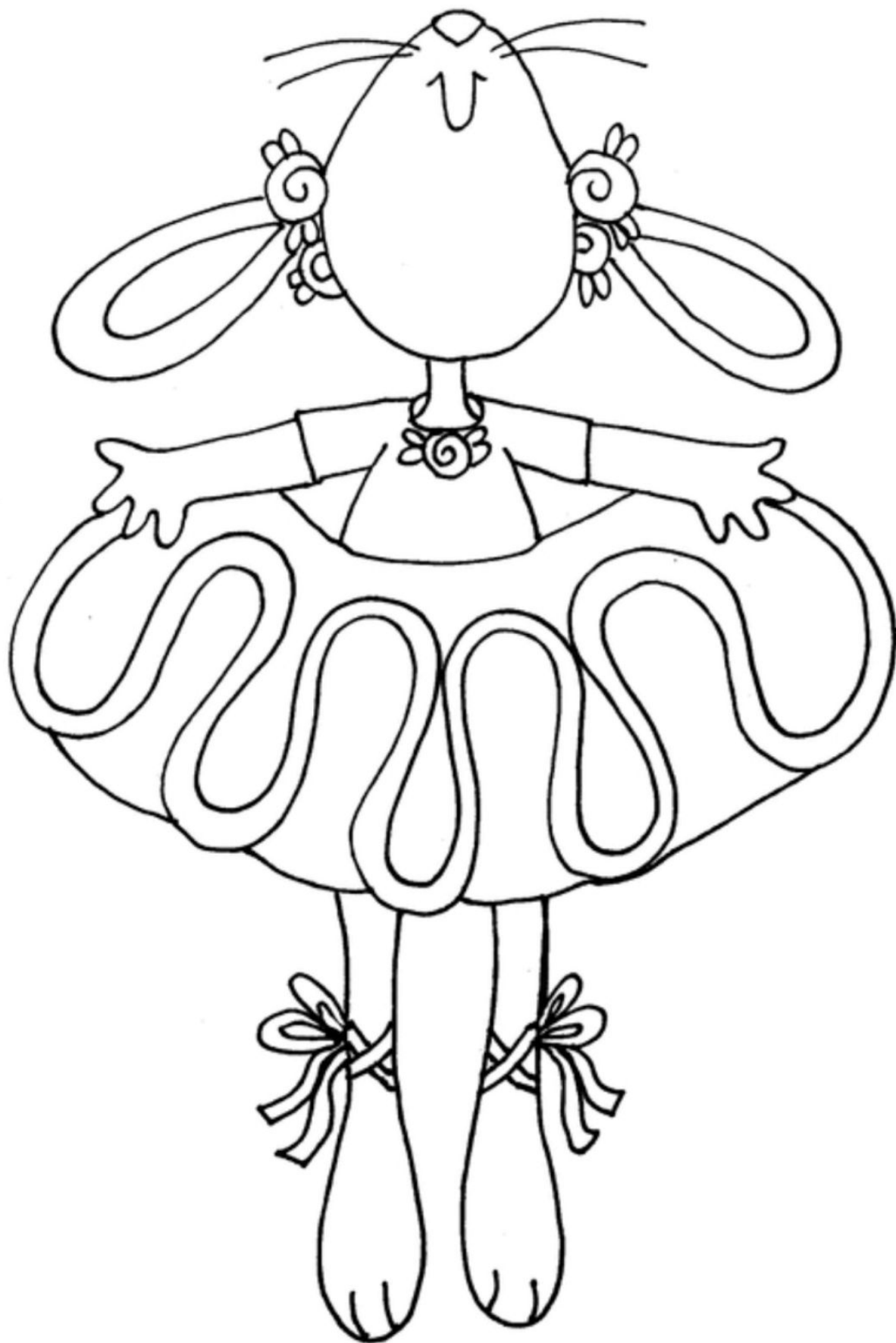
Aurora from Sleeping Beauty



Sugarplum Fairy from the Nutcracker





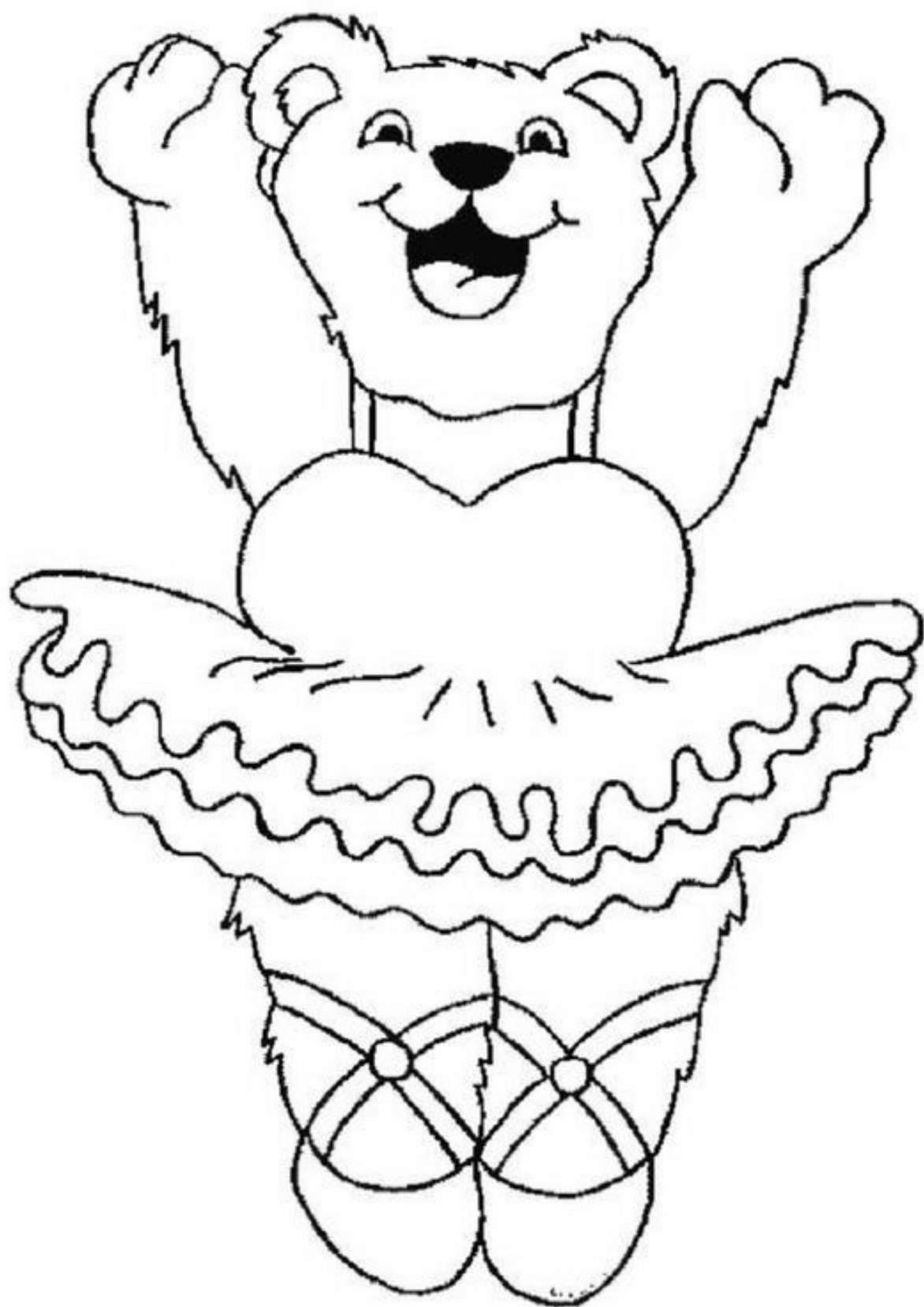


















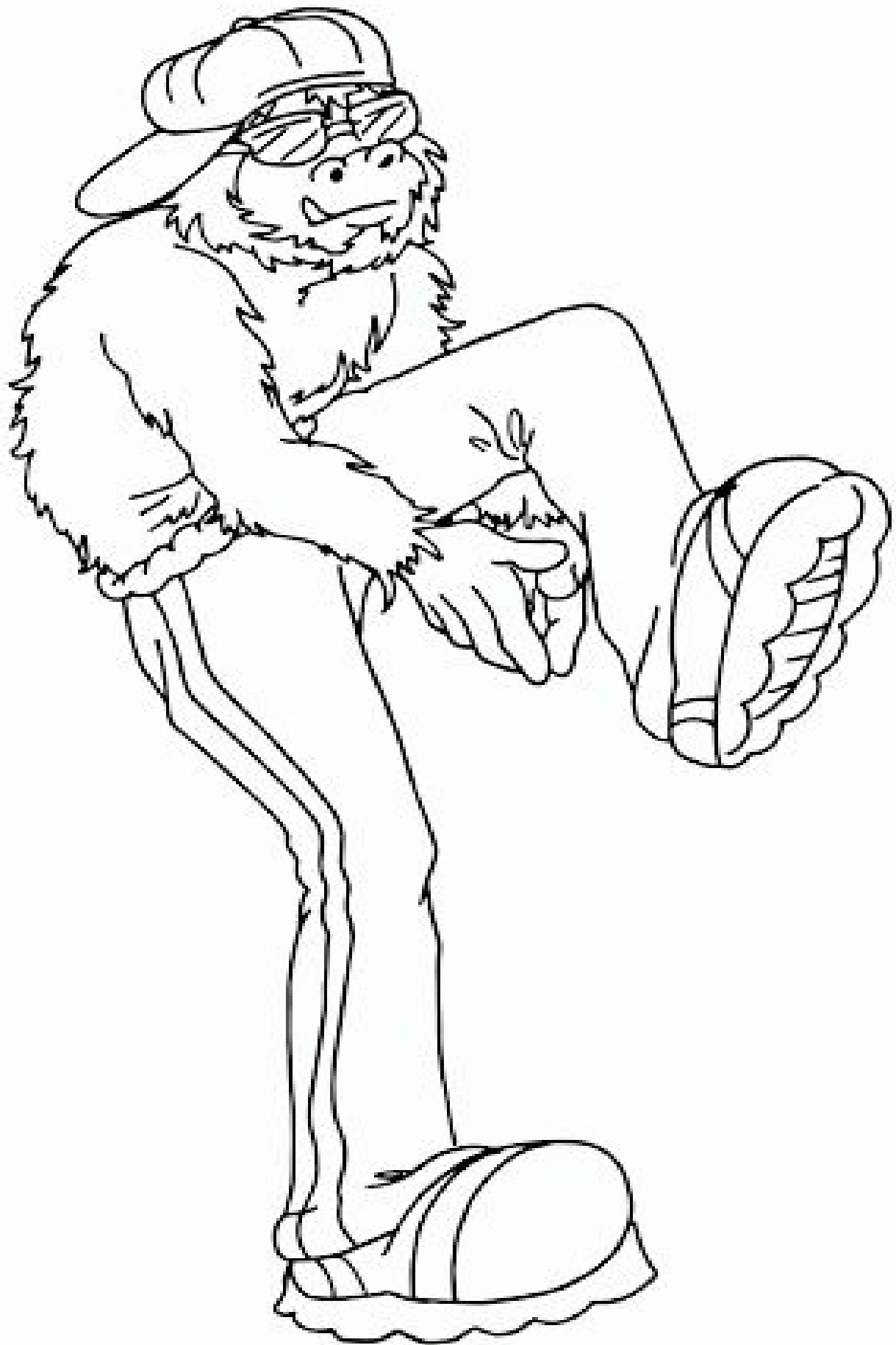
# HAPPY EASTER

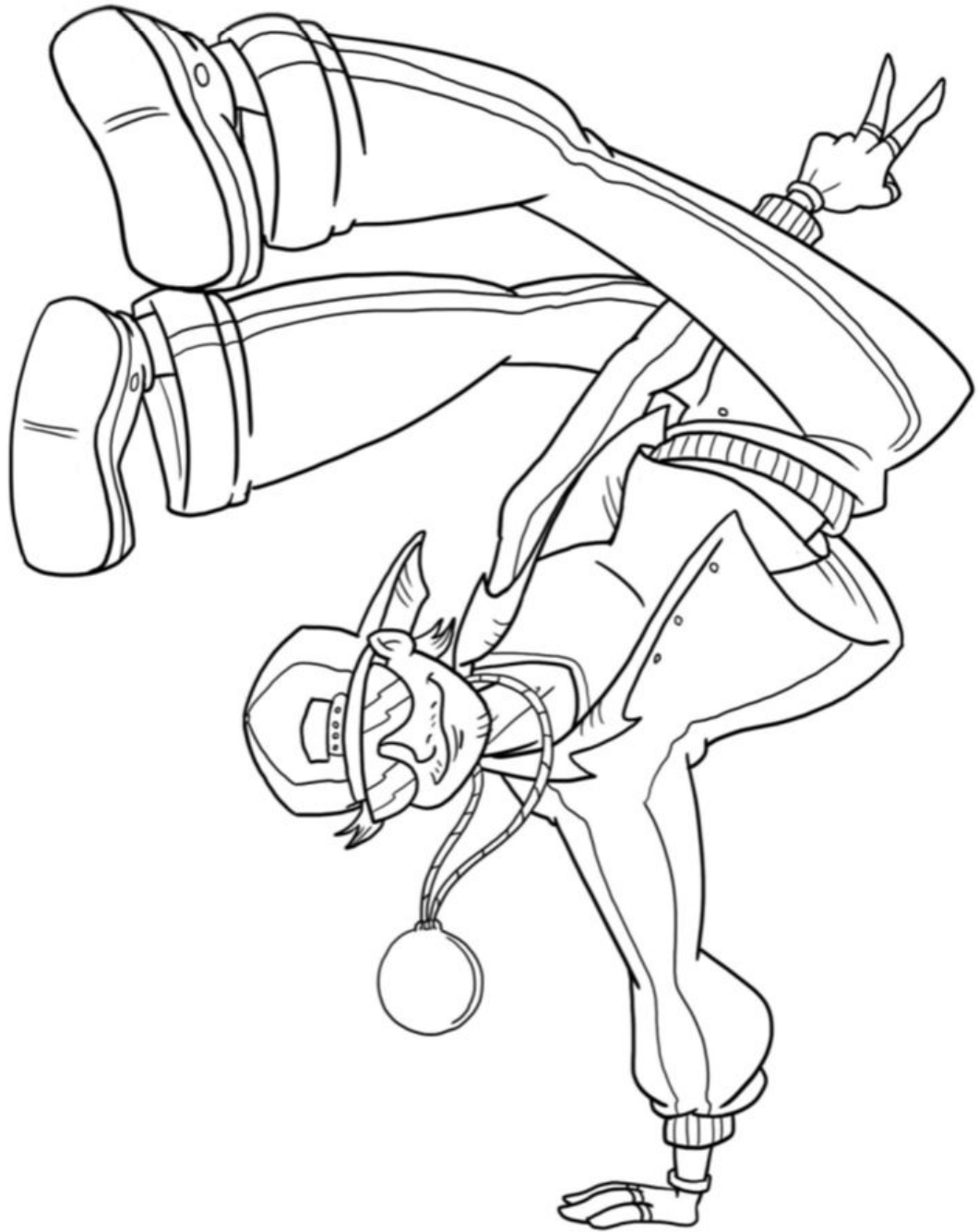
EGG  
hunt











**BREAK DANCE**



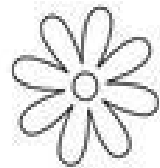
**MY NAME IS:**

\_\_\_\_\_

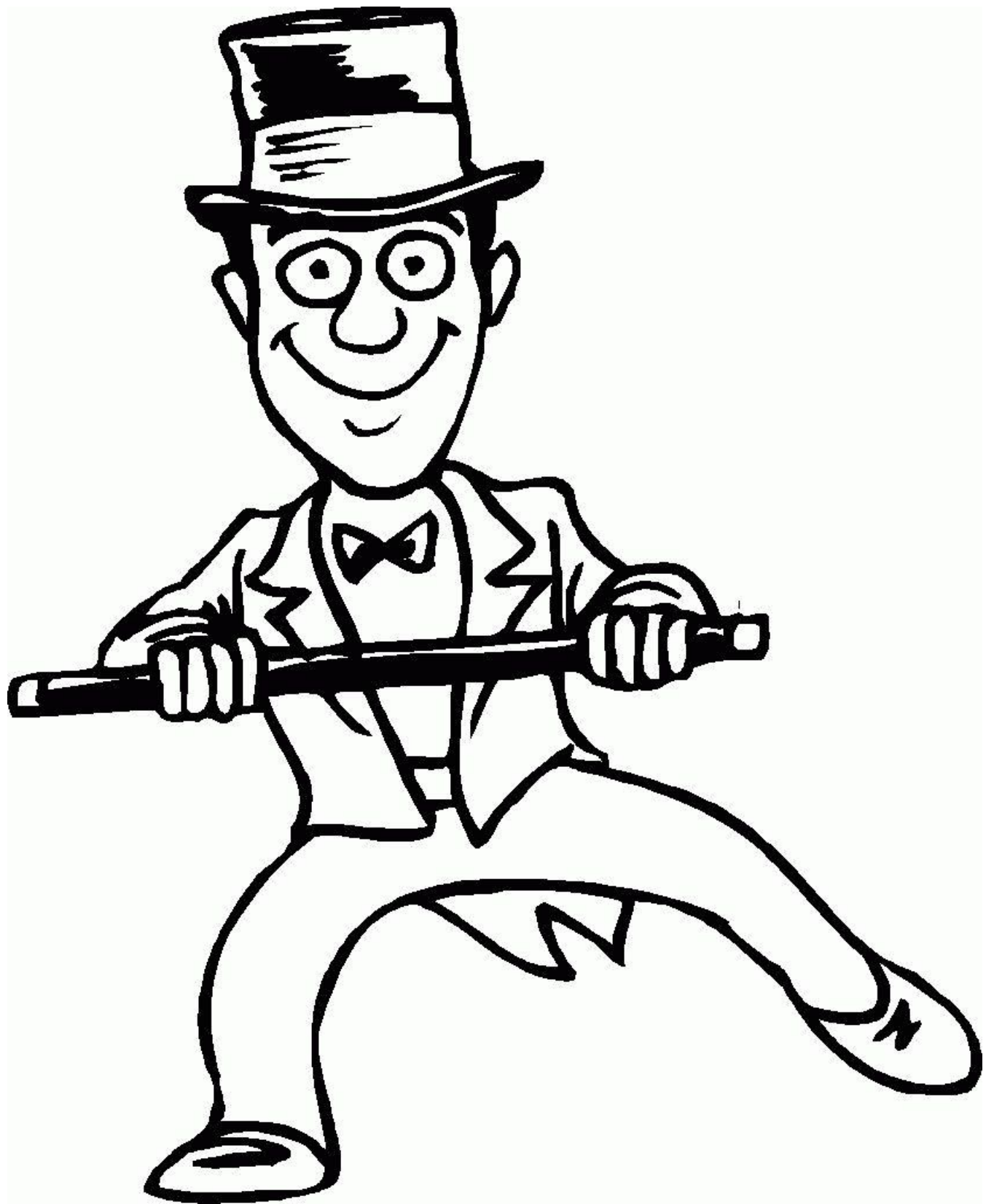
**and**

**I LOVE  
DANCING**

**at**









# Musical Theatre

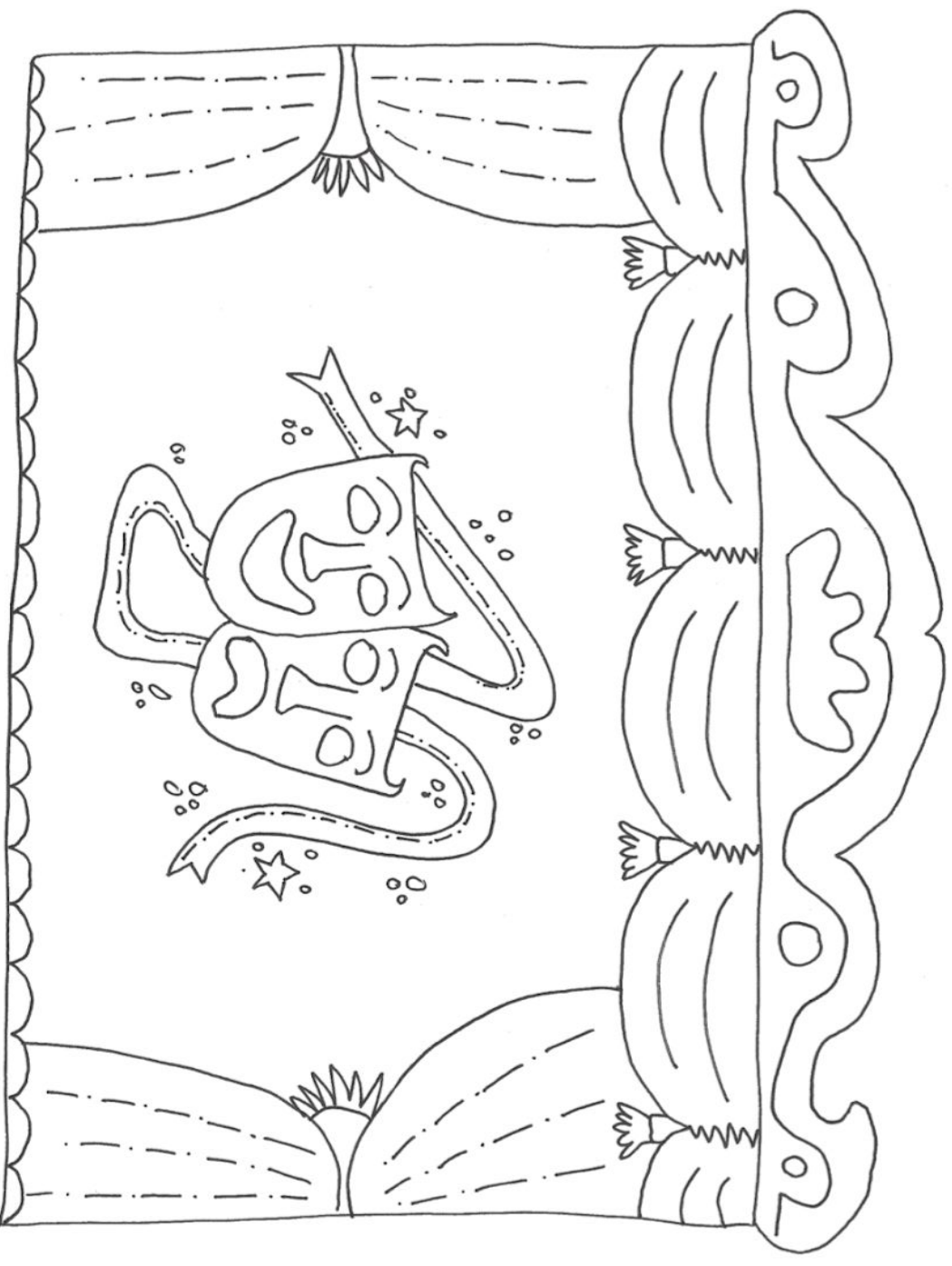
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Musical Theatre is a form of theatre that combines singing, acting and dancing.

Broadway's longest running show and musical is Phantom of the Opera.

The longest running musical in West End history is Les Misérables.



Martha Graham

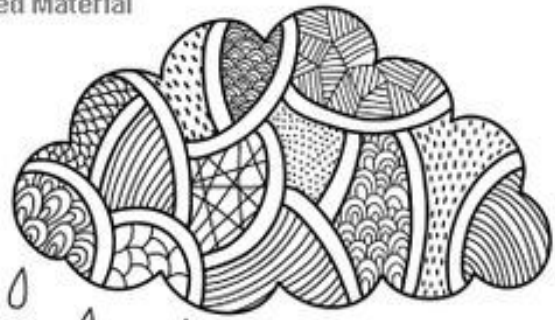
DANCE WITH

HIDDEN  
LITTLE

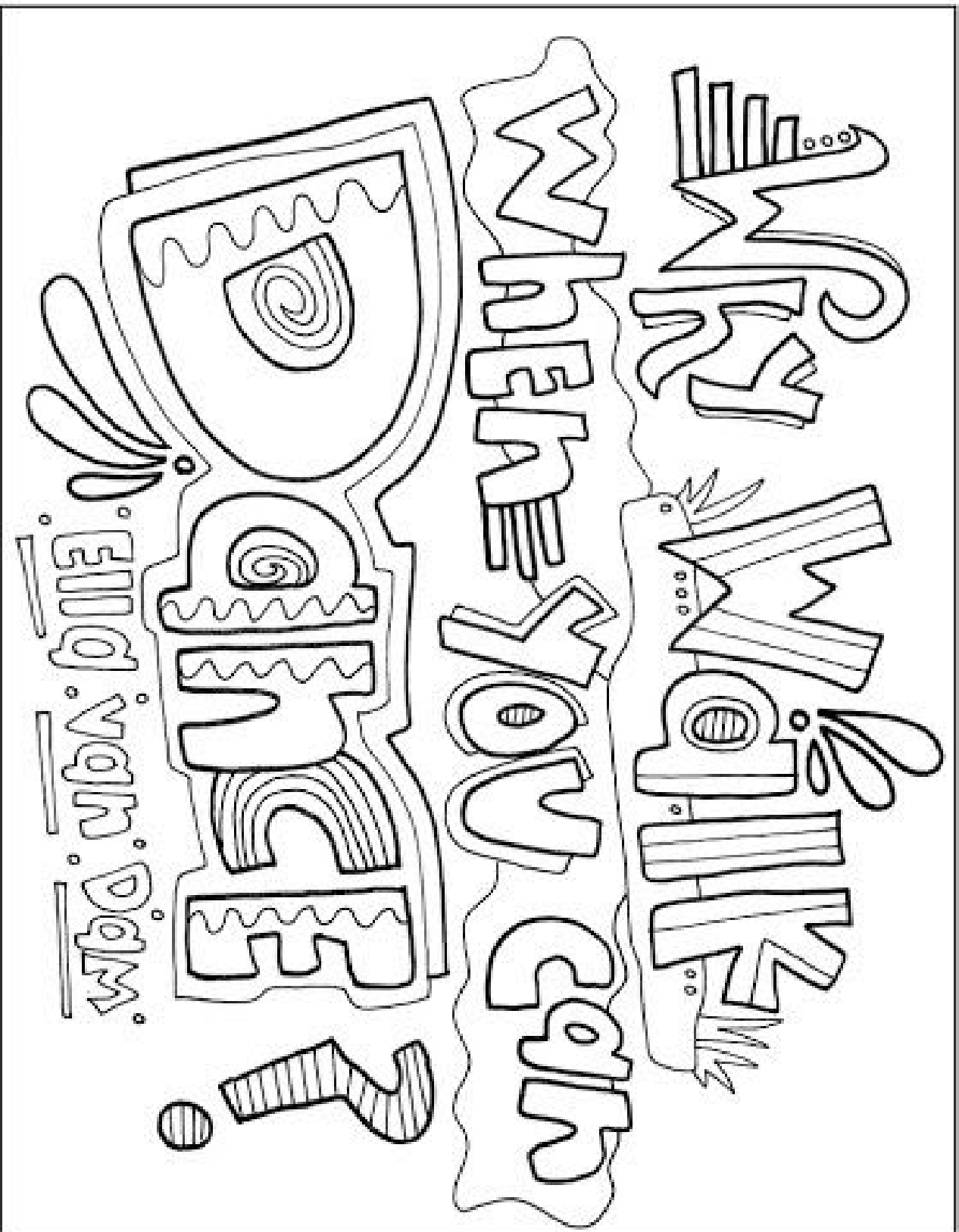
THE  
OF  
SOUL



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SamarikDesign.nl

# Dancing



T	A	N	G	O	Z	Y	R	W	P	Z	X	S	G	N	Y	S	L	J	L	Q
E	W	E	R	B	O	U	J	R	Y	E	A	N	F	P	A	A	V	Y	P	O
E	E	A	T	O	R	T	X	O	F	O	V	J	F	Q	D	L	J	V	L	U
A	C	B	L	F	C	B	A	L	I	M	B	O	J	T	B	S	Q	O	Z	J
V	E	H	Q	T	E	A	I	L	Q	D	Q	P	B	E	W	A	K	N	J	O
E	E	X	A	C	Z	W	N	B	H	Y	F	S	V	B	Y	K	Q	J	Q	X
E	B	S	Z	-	B	W	S	C	X	S	L	H	U	L	A	Z	J	V	I	A
P	O	L	K	A	C	H	N	F	A	N	I	B	O	S	S	A	N	O	V	A
D	A	R	L	J	B	H	I	U	O	N	N	G	F	T	Z	F	M	D	I	O
Q	V	M	K	R	A	R	A	T	D	T	G	J	E	N	O	T	J	U	T	S
E	W	Q	X	T	B	H	S	I	V	X	O	L	I	G	M	O	E	B	B	X
Q	Y	K	O	V	Z	E	L	Q	E	U	L	R	N	T	G	T	Y	D	L	F
Y	I	Q	W	M	L	I	P	C	L	A	P	A	T	Q	T	L	U	A	I	Y
I	Y	R	U	R	J	B	I	D	B	E	D	O	O	Y	L	E	R	T	Q	S
G	J	S	A	Q	B	O	P	R	G	N	G	H	J	E	E	F	R	W	E	J
P	T	H	J	B	K	L	B	T	A	L	W	O	B	W	G	K	T	B	K	Y
A	C	K	Z	Y	K	A	S	F	F	K	L	X	N	F	K	E	R	B	U	D
K	G	X	X	F	Z	V	P	I	D	T	C	N	Q	G	U	U	S	U	Y	G
V	S	R	O	G	R	S	B	O	X	G	M	L	Z	N	Y	O	D	F	T	Y
M	E	P	S	G	N	I	W	S	G	A	V	C	I	C	Z	G	G	E	W	J
G	L	V	E	X	X	P	M	U	B	G	Z	M	C	Y	F	S	L	Y	X	R

BALLET

BELLY

BOSSA NOVA

BUMP

CANCAN

CHA-CHA

CHARLESTON

FANDANGO

FLING

FOX TROT

GOPAK

HULA

JITTERBUG

KOLO

LEGONG

LIMBO

MINUET

POLKA

SALSA

SWING

TANGO

TURKEY TROT

WALTZ

# hip hop

C M E Z L G E M O M C I N G J Q V  
H C F L F Z M H B V W X D J Q X X  
A C R H E Y U B I Z T Y S A G X N  
R R H H A T Z J Q P L S V M N X V  
A P Y I Y P R V Y Y H P L E E C U  
C R M S I W W O R V P O A S W K E  
T I I T F C W I H Q T S P B Y B E  
E H N O C X C S H I T X M R O Y N  
R C G R R S F A I A P B B O R U F  
I A A Y E L M A E G B H J W K U X  
S M M R H T E B Y F O D O N B S Y  
T P A G L O G Q A H B P M P R Q V  
I B N E O C I S U M P A R Y O Y Y  
C E Q N O T T D M J M G X R N Y A  
S L K R K I Q S L H U E O H X T X  
A L T E R R N A T I V E H I P H O P  
A M E R I C A N M U S I C A L L X U

kool herc

alternative  
hiphop

eleetro hiphop

rapmusic

rhythming

newyorkbronx

mcing

jamesbrown

lyrics

history

characteristics

hiphop

genre

campbell

dance

beats

american musical

# Ballet Terminology

Z L W F I Z S Q X G I Z X T U M A W K W N G N Z  
 J A H T G G V T H R D H D M A X F V Y X P E I L  
 S W D E U G Y Q H E R R Q P T C S M J F E I Q S  
 N C E J H N F Y F I T Z J X B B C T H S T M N S  
 N H V Y R P B E D N R E Z J O E N E H K M I V A X  
 D A A N D G P D E F Y D J B N M U U B S T K F J  
 O S N P U R U E R C G H P E C Z X U C S E K P N  
 M S T L D A C M I G C D Q L S N V L R S J Y A F  
 D E S N B N S I P E O J T L G V I A T R S X V B T L  
 O S E L X D O P E O J T L G V I A T R S X V B T L  
 Z T U L Z E H L E R X V E O N J M T I G R S X V B T L  
 Y K N Y G P R I E E V S R Y U W C F I G H F N I U  
 J V H P D L U E E D E B M A J E D N O R I Y T W  
 L N O I T I S O P T S R I F H K B P M N D V U J  
 P T Z U K E I S O P T S R I F H K B P M N D V U J  
 D N U D N O I S O P T S R I F H K B P M N D V U J  
 W K O A W A M H R F F U W Q I K G Q M S Q Q W R  
 I E H E E S M V M D P X A O I K G Q M S Q Q W R  
 D E H X L A L A D N O C E S Q E D Y V W B Y X F  
 Y M Q C B V F D H E M U T E N D U E C M U K K G  
 V A R A B B E S Q U E C Y U P I F B P I R O U T E  
 A I G R G N X E W V N O I F T H P O S I T I O N  
 T H E W O E J Z L M W F I F T H P O S I T I O N  
 P J L R T N E M E T T A B E D N A R G V H E D G

secondposition	firstposition	fourthposition	thirdposition
tendue	rondejambe	petite	ffthposition
devant	demiplie	chasse	attitude
arabesque	secondala	releve	piroutte
grandeplie	grandejete	derriere	degage
grandebattement			



NAME:

DATE:

# BALLET WORDS

Circle each ballet class word. Words will be up, down and sideways.

M S A P K J I D  
 X Z V T Z R I U B X R D  
 S V X W T B J O T E N D U E R I  
 X O S X C P V D H N P X W R H A T E A N  
 X B U X A X D P I Q U E Q B J P R X L P K Z  
 H K A B O J W T E C I Y N A A A I A E E L F C Q  
 Z K L R L S F Q F H D M B M T L R B A V I A O E  
 E I A E G L I S S A D E P F T Y O E V E E Z Z Q  
 T B N S L C S F O N D U J J E K U S L Q A F A A  
 N G C A R H Y C W G O G E W M G E Q W Y V X D X  
 U W E U S A H R P E J P T V E H T U X P L J H R  
 K Y T Y I H J K M H B E H N S T E Y W P A K  
 M V P H N G Y R E T D H U T A E H G N T P Q  
 A Q B E K Q Y N S E C H A P P E P V Q T  
 G D L B S S T K G K E Q C H A S S E  
 R S G K S I Y A A P N M L F L R  
 F U T A Y J G Z W U C W M M  
 H A U Y Q E E A M I K Z  
 P T E K O P L W B U  
 E U M G J T E T  
 Y A F I Z I  
 S B K O  
 R J



PLIE  
RELEVE  
TENDU  
DEGAGE

FONDU  
PIQUE  
CHAINE  
BATTMENT

SAUTE  
CHANGEMENT  
SOUBRESAUT  
GLISSADE

PIROUETTE  
ARABESQUE  
CHASSE  
ECHAPPE

JETE  
BALANCE  
WALTZ



NAME:

DATE:

# TAP WORDS

Circle each tap step. Words will be up, down and sideways.

L V C P I X N E  
 P G G M W T T P B A X L  
 Z Z M L G P H R Y R A U G F F X  
 P J T P U L L B A C K R X R F L A P I N  
 D D H C V C S A A T C T J L A F R K N C S E  
 X R Z Z W I F C V Q S R Z E L D A B H J V T X X  
 Y A D E R U A U L Y B A C B V I L A V M K O D H  
 O W C S H U F F L E H M R A B D O L E F I M O J  
 I B T G E H U F O N B P U C S D T L S S S P O C  
 M A O R I F F L X K U R G K C L W C V W T K X A  
 V C U H Z C T E B R U O L E E E W H Y K W E K F  
 K Z C P L I P X R T L C S B R O A D W A Y N  
 G L K Q I M P Y K A L H S A Y A N Y G B A B  
 W T J E E Q V M X T U E X X Q G K Z H Y  
 T G C S N P F P I G N D M J E K V T  
 D S T S S C R W Y C E P M Q Z I  
 J E P D R H U A E P Q D X D  
 P H W K L K D O F X Q S  
 K N U Y E X H X L Q  
 G M J L I N D Y  
 F P A E X Q  
 B Y X Z  
 Z O

SHUFFLE

CHUG

PULLBACK

BACK ESSENCE

FLAP

BUFFALO

CRAMP ROLL

LINDY

STOMP

RIFF

DRAWBACK

BROADWAY

PARADIDDLE BALLCHANGE

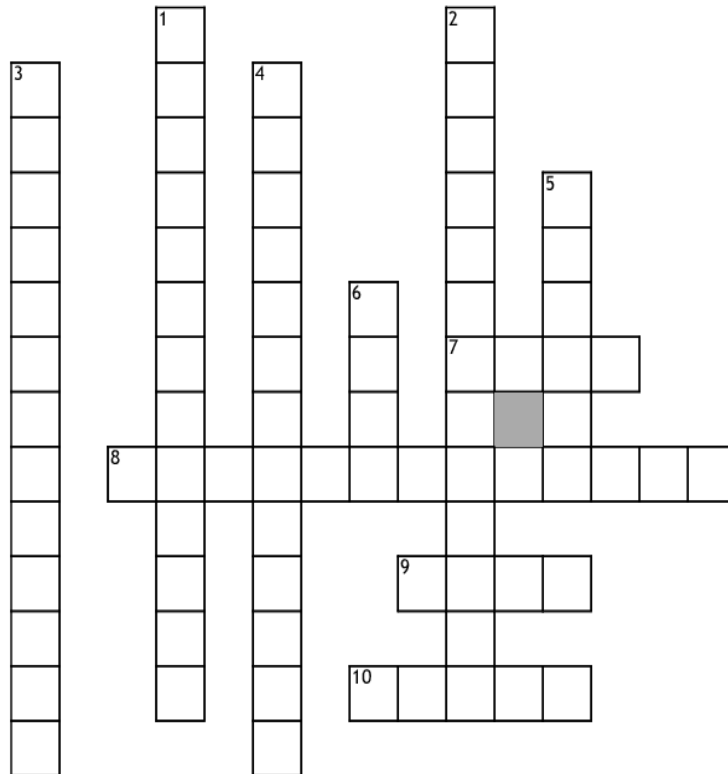
TIME STEP

SCUFFLE



Name: \_\_\_\_\_

## Ballet Crossword Puzzle



### Across

7. bend at your knees
8. a position where your feet make a "V"
9. a brush off the floor that goes as high as possible (grand battement)
10. brush to point your foot

### Down

1. a position where your heel touches the middle of your foot
2. a position where your feet are apart
3. forth position closed
4. a position like third but one foot is in front of the other
5. a style of dancing
6. a jump where you jump from one foot to the other

### Word Bank

second position  
pîle  
ballet

first position  
leap  
fifth position

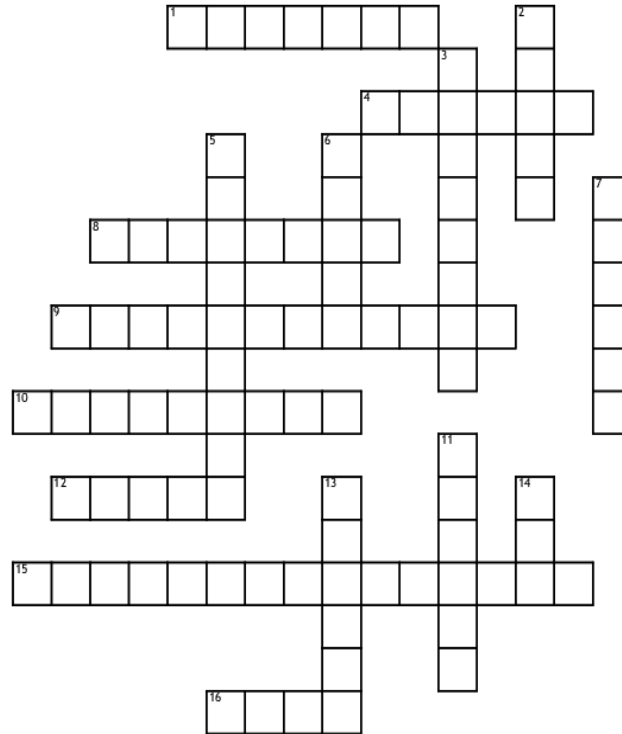
third position  
tendu

kick  
forth position

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Jazz Vocab Crossword



## Across

1. Outward rotation of the legs from the hip socket to the feet.
4. Chase, a gliding action where the feet kiss in the air.
8. Snapping the focus and head during a turn to help diminish dizziness and clarify the turn.
9. back, side, front
10. A turn performed on one leg with the other leg in passé.
12. 180 turn with shift of weight
15. step cross, rock side, step in place
16. to bend; Sinking down, both knees bend and straighten in unison.

## Down

2. Position of the foot at the knee with toes pointed.
3. feet and knees facing forward
5. a straight-leg kick passing through the tendu and degage, brushing quickly to 90 degrees or higher.
6. to stretch; To fully extend the foot to a point on the floor.
7. Chain or link; small rapid turns done in succession with half-turn on each foot.
11. To Disengage- a quick brush of the straight leg through tendu to a position slightly off the floor.
13. To rise; standing on the balls of the feet with heels lifted as high as possible
14. place the ball of the foot on the floor without changing weight

## Word Bank

pas de bourree  
dig  
cross ball change  
battement

Releve  
pirouette  
turnout  
passe

degage  
Chaine  
tendu  
chasse

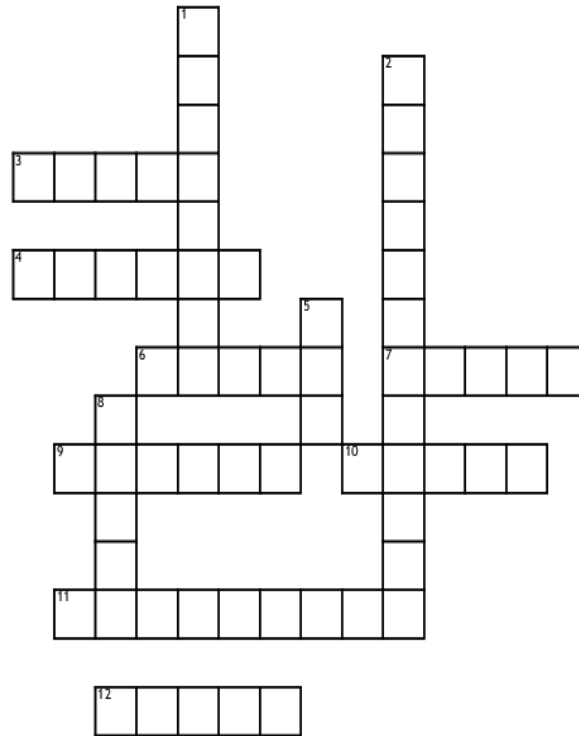
Pivot  
parallel  
Plie  
spotting

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Period: \_\_\_\_

# Dance Crossword



## Across

3. An aerobic fitness dance inspired by various Latin America dance
4. An artistic dance with precise movements, elegant. A show example is the Nutcracker
6. A lively dance originating from Spanish cultures
7. A ballroom dance in 3/4 time
9. A form of street dance styles, usually performed to music with the same name.
10. A czech dance familiar throughout America and Europe
11. A type of ethnic dance that are developed by a people of one country, usually specific to one area
12. A style of dance played to jazz from 1920's-40's

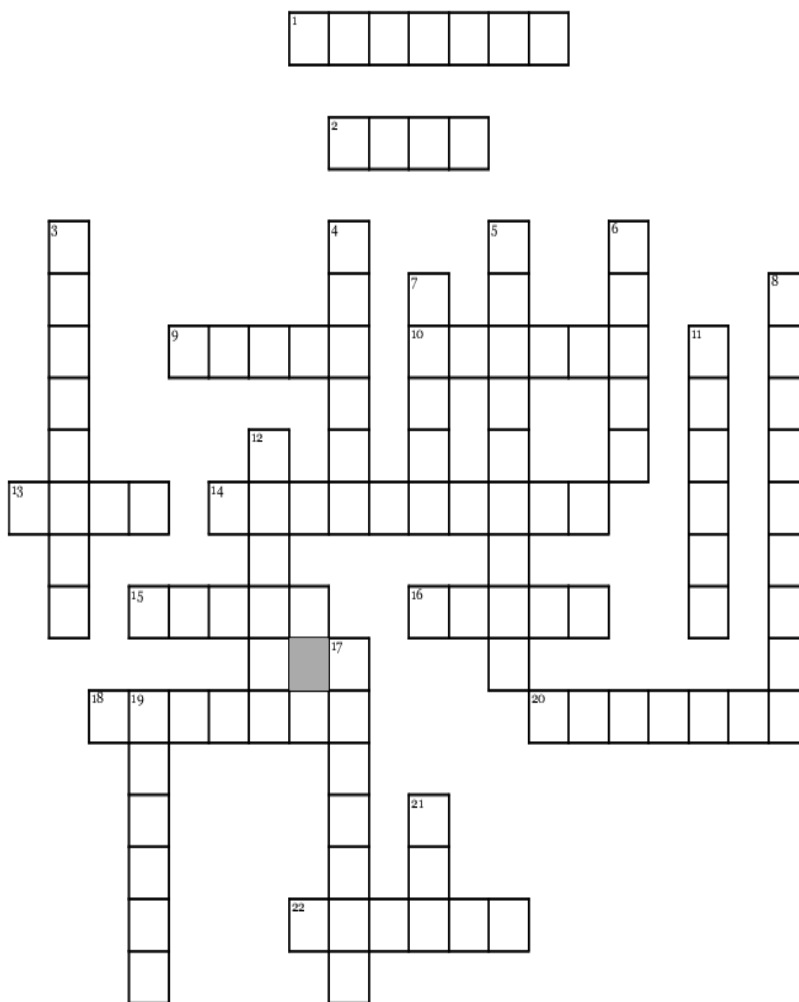
## Down

1. A spanish dance that you perform to a specific song, popular at parties and sports events
2. a form of swing dance and a form of blues piano playing, has a funny name
5. A dance performed with a special type of shoes with metal tap and is performed by rhythmical tapping
8. A dance style originating from the 1970's

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Dance Trivia



## Across

1. Every time your foot leaves the floor in a ballet class, it must be...
2. How many positions are there in ballet?
9. Alvin \_\_\_\_\_
10. Slow motion movement
13. You must turn out from your \_\_\_\_\_, not your feet
14. Big kicks
15. If you're not \_\_\_\_\_, you're late!
16. What ballet term means "to melt"?
18. Rahway Dance \_\_\_\_\_
20. Two brushes, one to the front and one to the back? (tap)
22. What is the language of ballet?

## Down

3. Dance like no one's \_\_\_\_\_
4. Movement in jazz where the dancer extends the leg and arches the back at once?
5. Miss Armani's last name
6. Where did Hip Hop originally come from?
7. So You Think You Can \_\_\_\_\_
8. To turn
11. To strike
12. American \_\_\_\_\_ Theatre
17. \_\_\_\_\_ City Ballet
19. Dance Theatre of \_\_\_\_\_
21. It is proper etiquette to have your hair in a \_\_\_\_\_ for class.

# GRAND JETE



Why do you love to dance?

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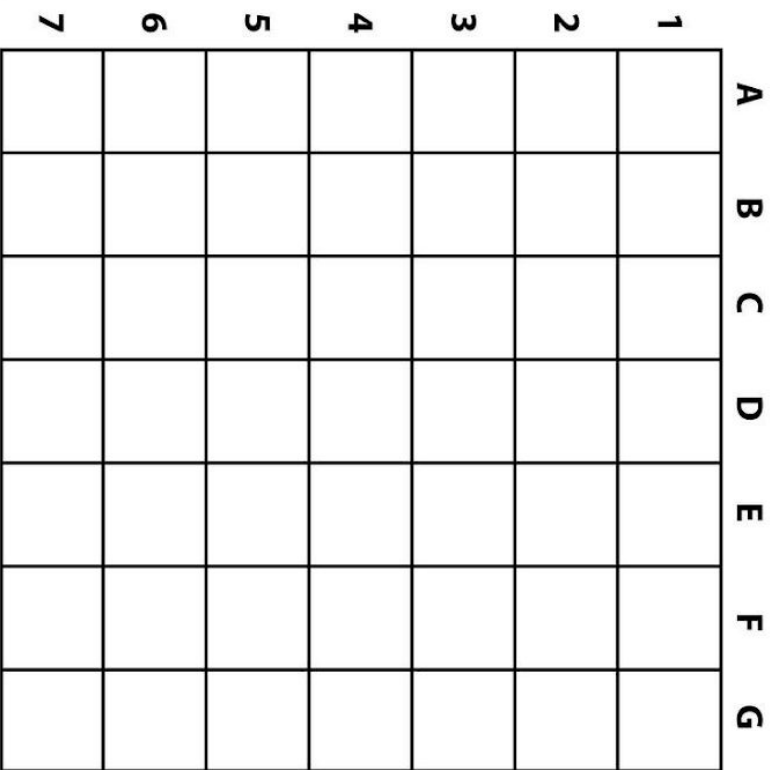
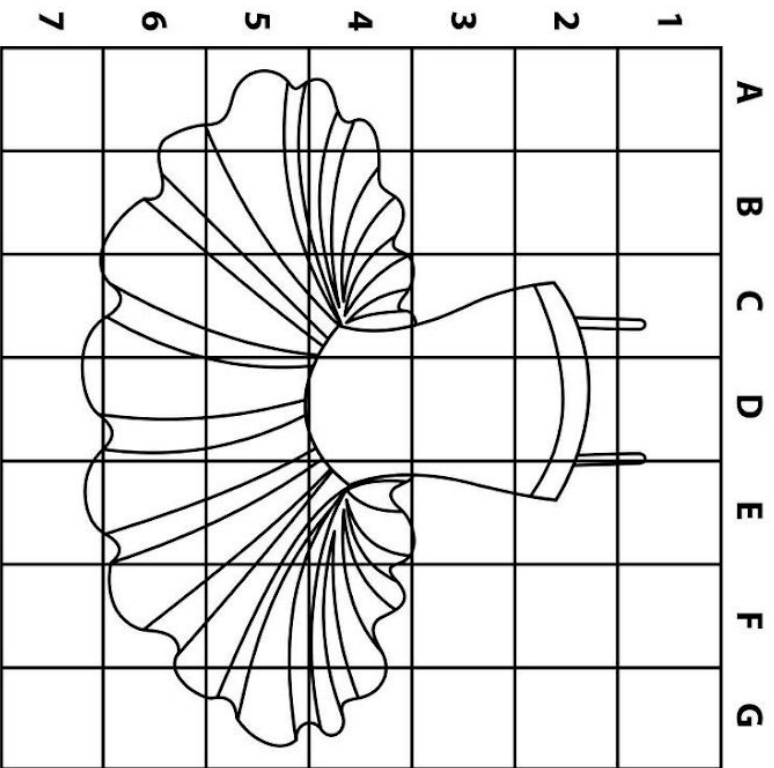


Name: \_\_\_\_\_

# Ballet 1 Terminology

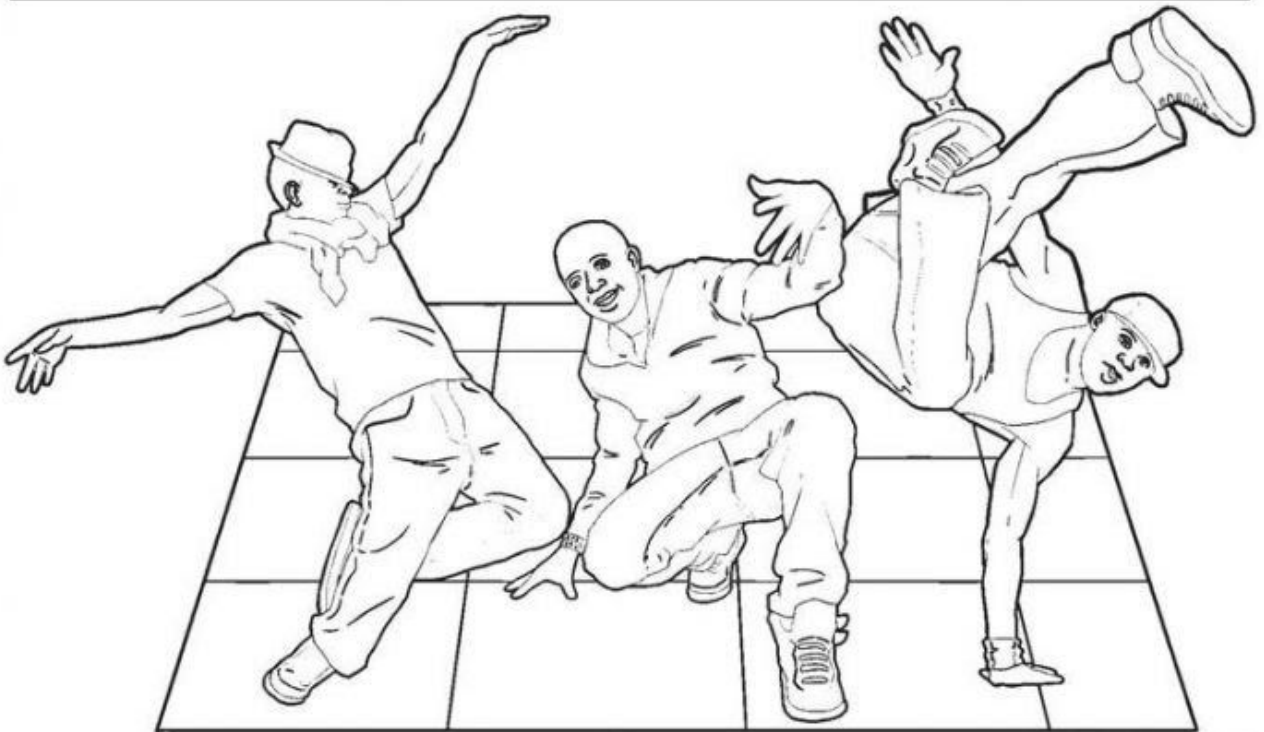
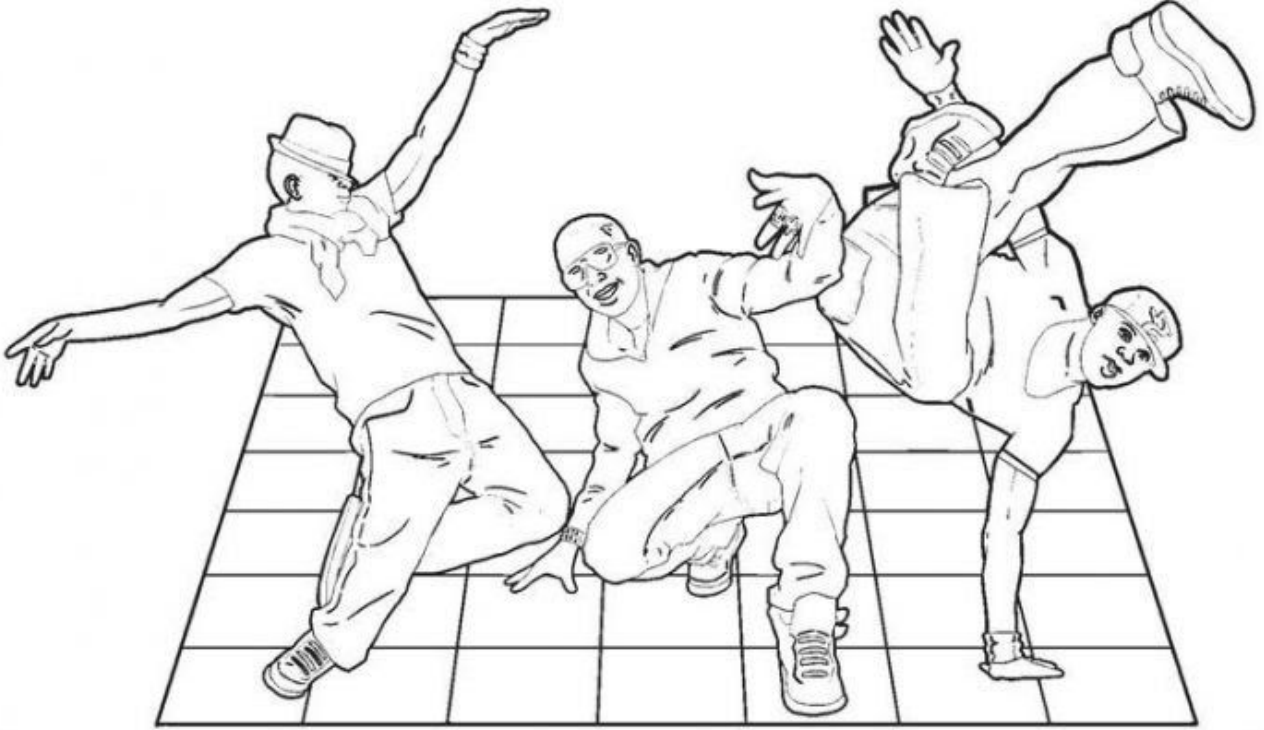
- |                    |                          |
|--------------------|--------------------------|
| 1. Plie            | A. Over-Under            |
| 2. Tendu           | B. Arms                  |
| 3. Ballerina       | C. What Dancers wear     |
| 4. Prima Ballerina | D. Half Bend             |
| 5. Bras            | E. Leading Female Dancer |
| 6. En Bas          | F. To stretch            |
| 7. Chasse          | G. To show respect       |
| 8. Danseur         | H. To chase              |
| 9. Demi Plie       | I. Male Dancer           |
| 10. Grand Plie     | J. Carriage of the Arms  |
| 11. Finale         | K. To Raise              |
| 12. Leotard        | L. Step of the Cat       |
| 13. Pas De Bourree | M. To Spin               |
| 14. Pas De Chat    | N. Beating Steps         |
| 15. Pirouette      | O. Full Bend             |
| 16. Port De Bras   | P. Low Arms              |
| 17. Releve         | Q. To Jump               |
| 18. Reverence      | R. To Bend               |
| 19. Saute          | S. Female Dancer         |
| 20. Sous-sus       | T. End of a Ballet       |

# Copy the Tutu



# DIFFERENCES?

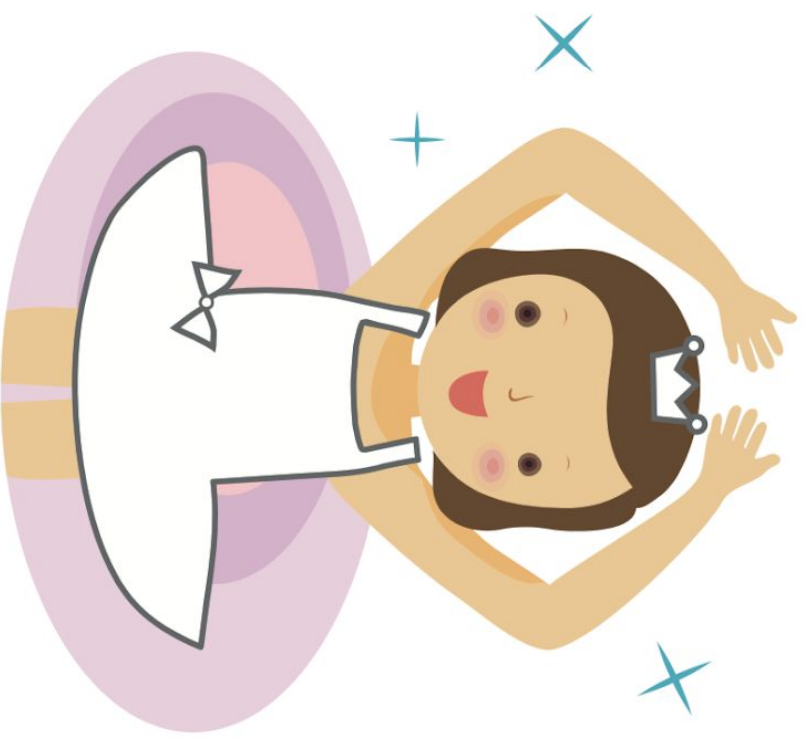
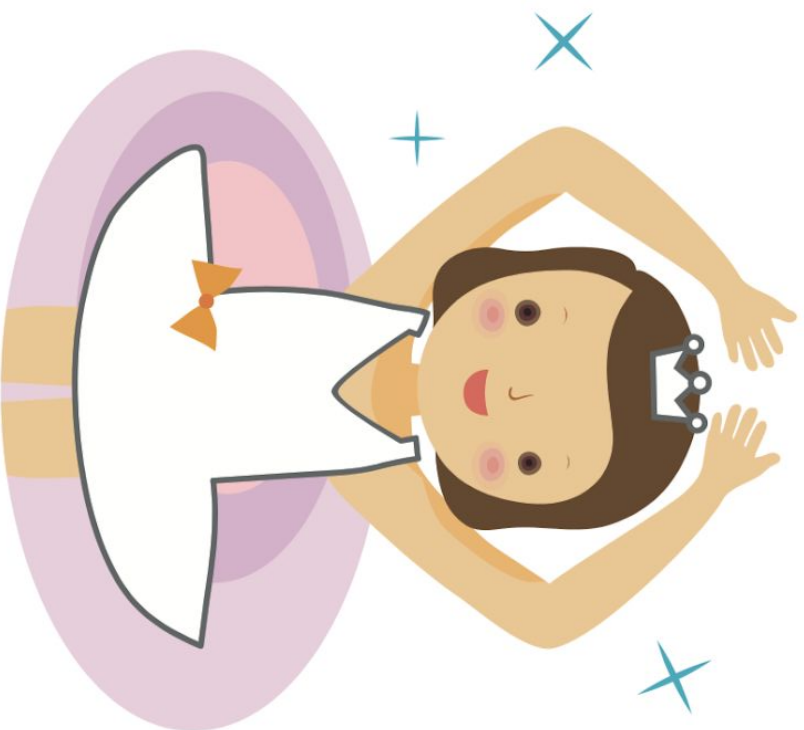
The two pictures below have 10 differences. Can you find them all?





# Spot the difference

Can you spot the five differences between the two young ballerinas?



Circle the differences.



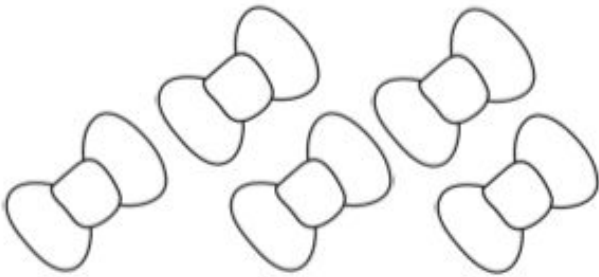
Circle the correct number.



1 2 3 4 5



1 2 3 4 5



1 2 3 4 5



1 2 3 4 5



1 2 3 4 5

Find the ballerinas.



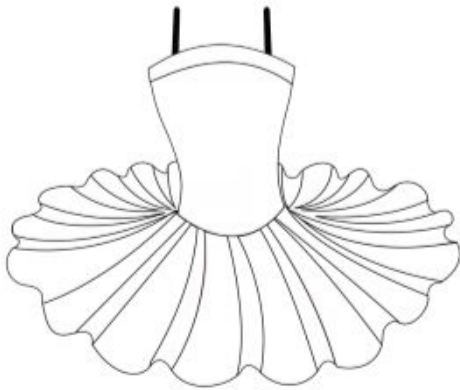
Color the pictures and write the words



pointe  
shoes



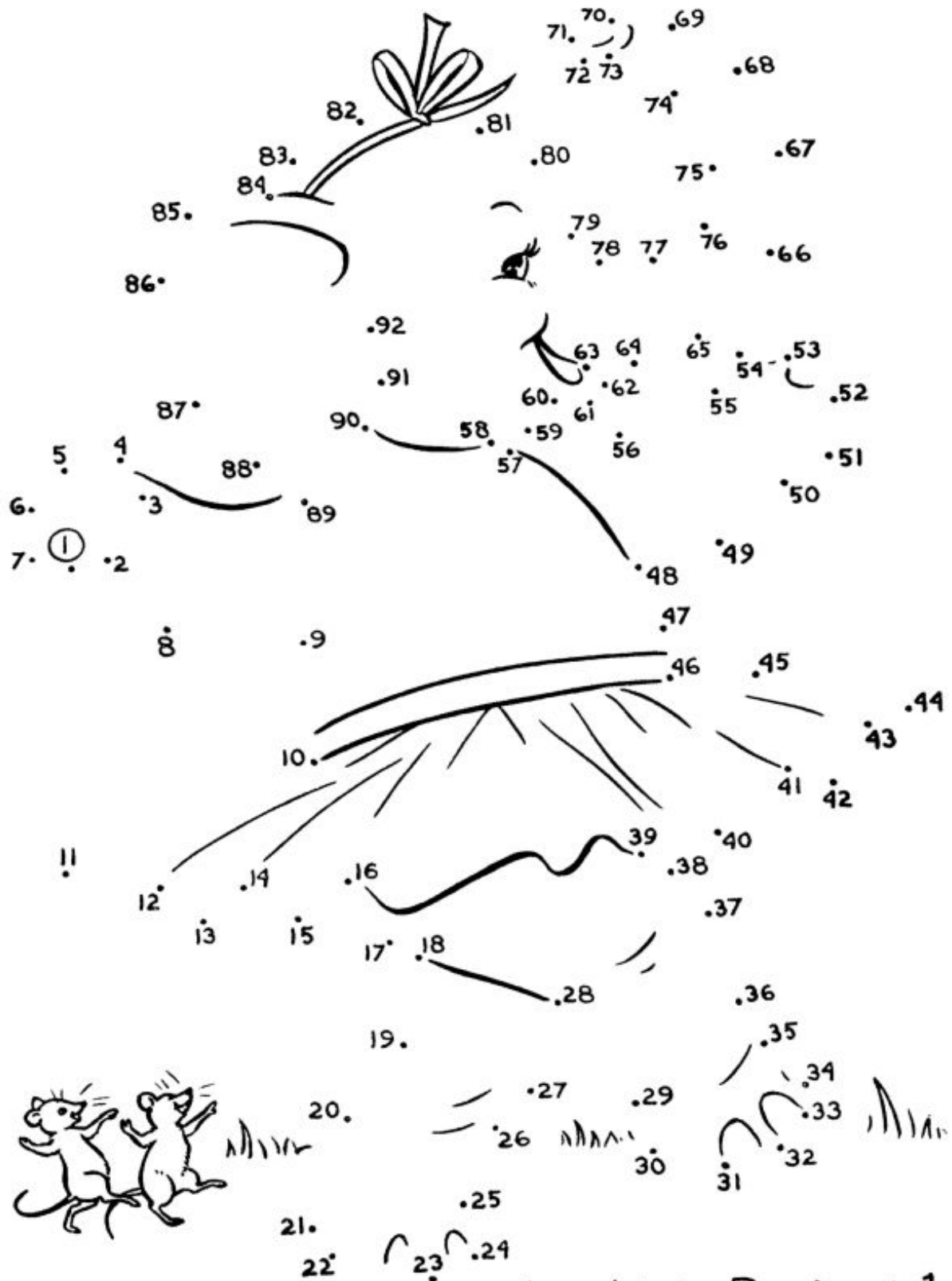
leotard



tutu

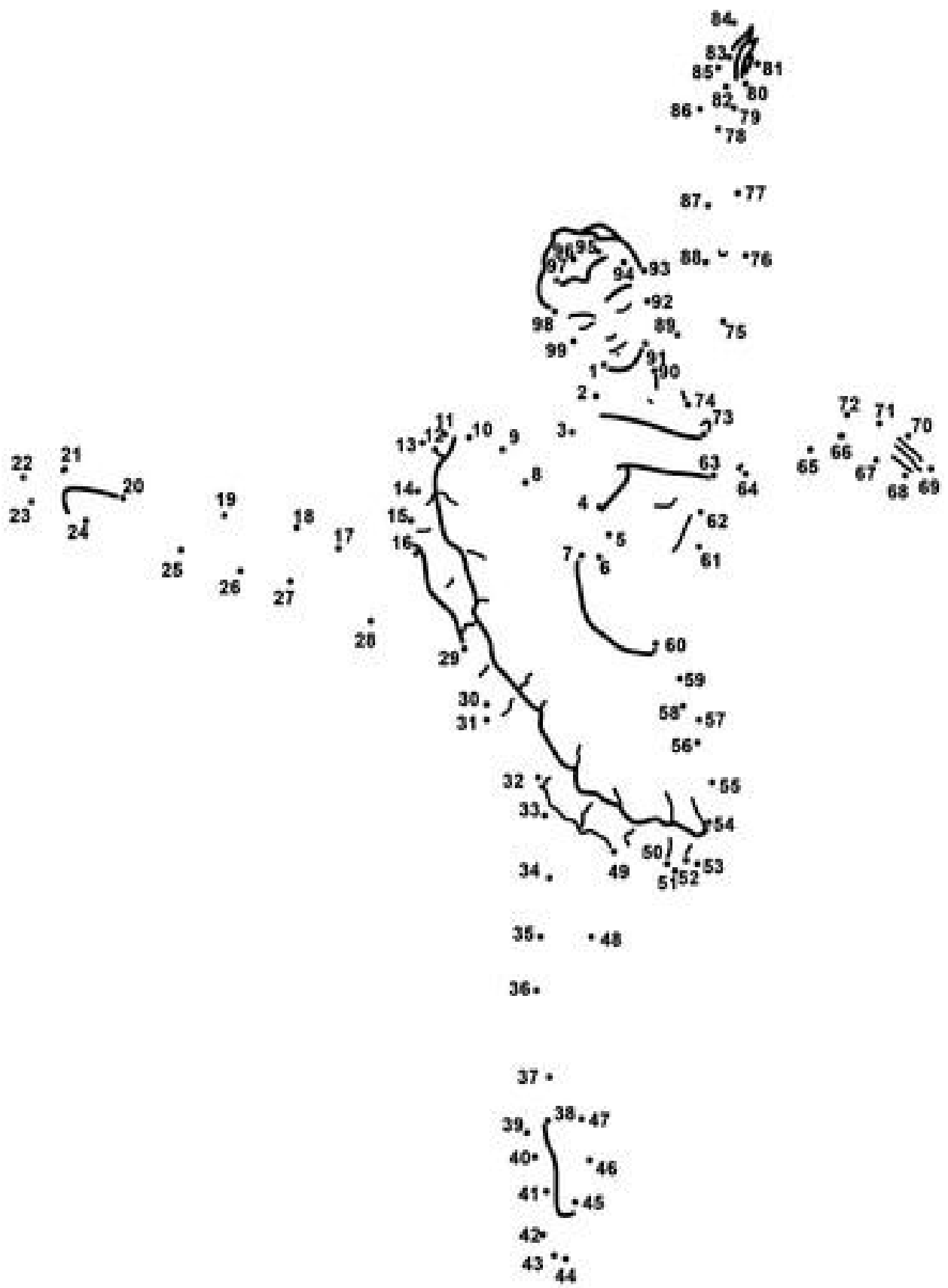


tiara



Tie the dots and see who this is. Begin at 1.







Name \_\_\_\_\_ Date \_\_\_\_\_

## Dance Word Scramble

**Instructions:** Unscramble the letters below to spell a type of dance. Then, use reference materials to find the meaning of each term.

1. TALLBE- \_\_\_\_\_

\_\_\_\_\_

2. PHI PHO - \_\_\_\_\_

\_\_\_\_\_

3. TALWZ - \_\_\_\_\_

\_\_\_\_\_

4. ATP - \_\_\_\_\_

\_\_\_\_\_

5. DMEONR - \_\_\_\_\_

\_\_\_\_\_

6. ZAJZ - \_\_\_\_\_

\_\_\_\_\_

7. EOIPTN - \_\_\_\_\_

\_\_\_\_\_

# Ballet Scramble

1. TEUND \_\_\_\_\_
2. TBNMATTTE \_\_\_\_\_
3. EPETITROU \_\_\_\_\_
4. SAEHSC \_\_\_\_\_
5. EQBAUARES \_\_\_\_\_
6. EPLI \_\_\_\_\_
7. GADSSLEI \_\_\_\_\_
8. EPAEHPC \_\_\_\_\_
9. EMCGENEHATN \_\_\_\_\_
10. SUTEA \_\_\_\_\_
11. QUIPE \_\_\_\_\_
12. EPSSA \_\_\_\_\_
13. REEVLE \_\_\_\_\_
14. ETJ \_\_\_\_\_
15. FTUOETT \_\_\_\_\_

## Ballerina Word Scramble

eapl

uutt

npki

ltiwr

rippsle

gteas

udnaeiec

uaerknrtec

etblla

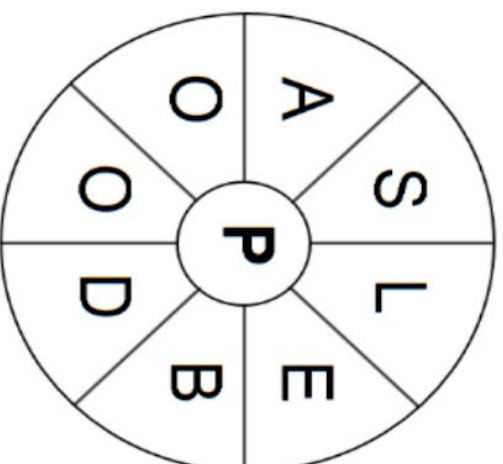
lypa

denca

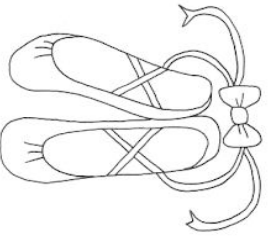
gsiht

## Dance Word Wheel

Dance has been around for a very long time. The first evidence of dance came from cave drawings in India that were more than 9,000 years old. There are many styles of dance today, people enjoy ballet, jazz, hip hop, ballroom and many others. Did you know that the longest ever conga was danced in Miami in 1988 when 119,986 people gathered together to join in the fun?



This Dance themed word wheel is made from the letters in the word **PASODOBLE**. Try and make as many words of any length as you can from these letters. You can only use each letter once, and each word must include the letter **P**.



## Dance Acrostic Poem

Dance has been around for a very long time. The first evidence of dance came from cave drawings in India that were more than 9,000 years old. There are many styles of dance today, people enjoy ballet, jazz, hip hop, ballroom and many others. Did you know that the longest ever conga was danced in Miami in 1988 when 119,986 people gathered together to join in the fun?

D

---

A

---

N

---

C

---

E

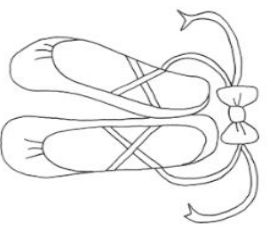
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R

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S

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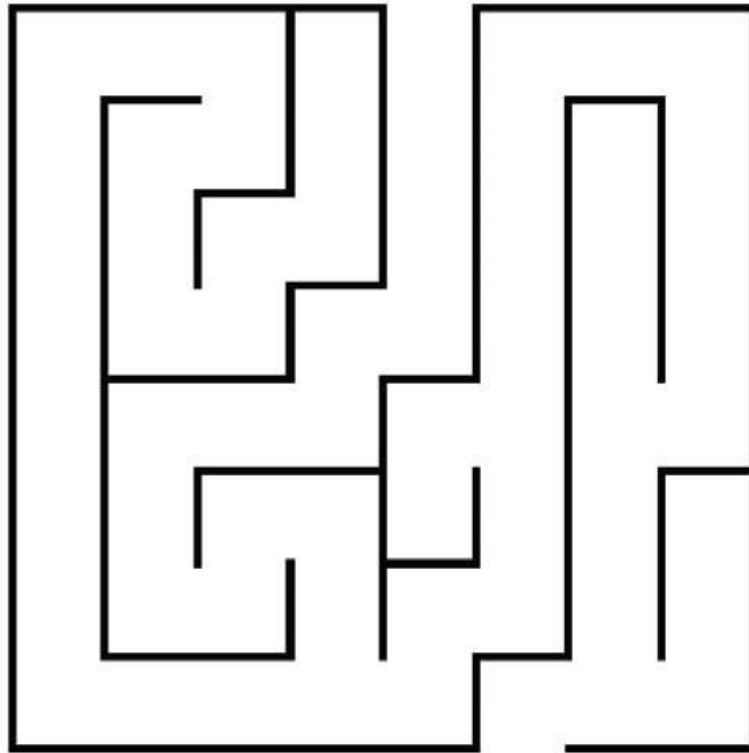
Try making a Dance themed acrostic poem. Each line of your poem should start with a letter from the word **DANCERS**.

# Clorinda

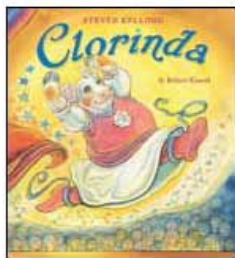
Clorinda loves to dance! Can you help her and the other barnyard animals skip, leap, and whirl from the farm to Manhattan?



START



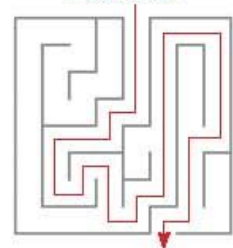
FINISH

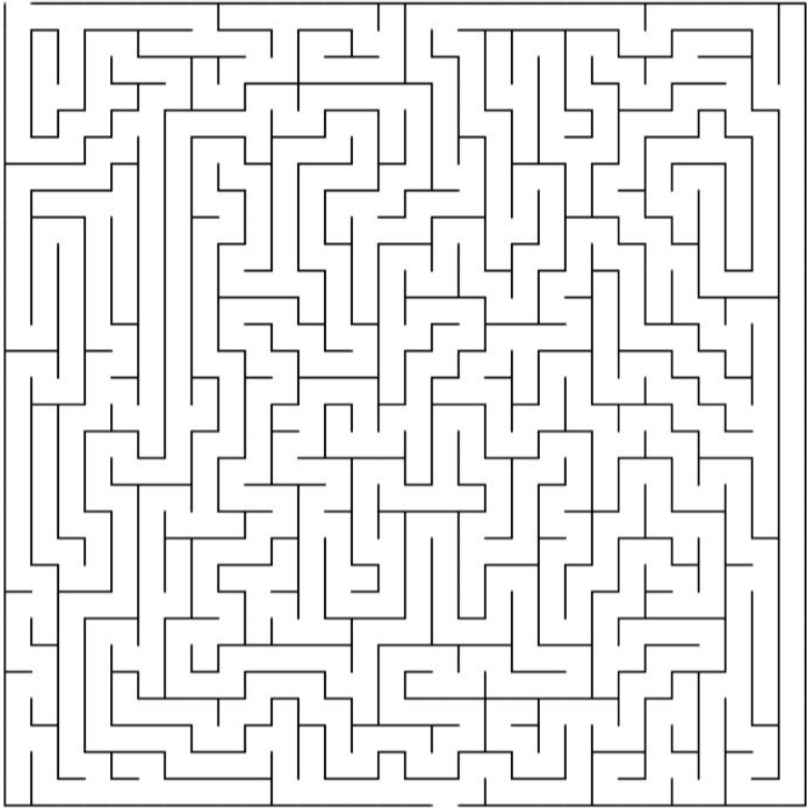


Clorinda  
By Robert Kinerk  
Illustrated by Steven Kellogg

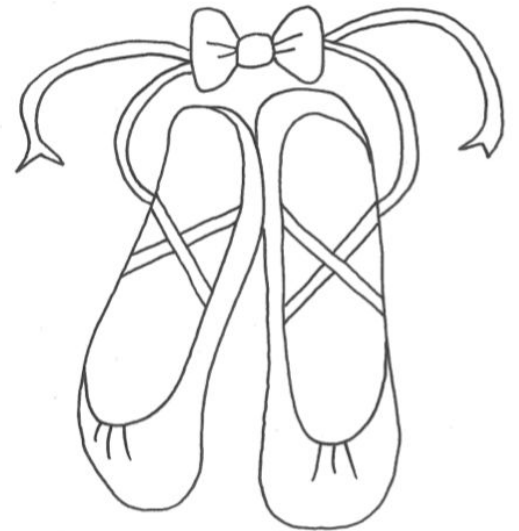
REPRODUCIBLE ACTIVITY  
Simon & Schuster Children's Publishing  
KIDS.SimonandSchuster.com  
Illustrations © 2003 by Steven Kellogg

SOLUTION

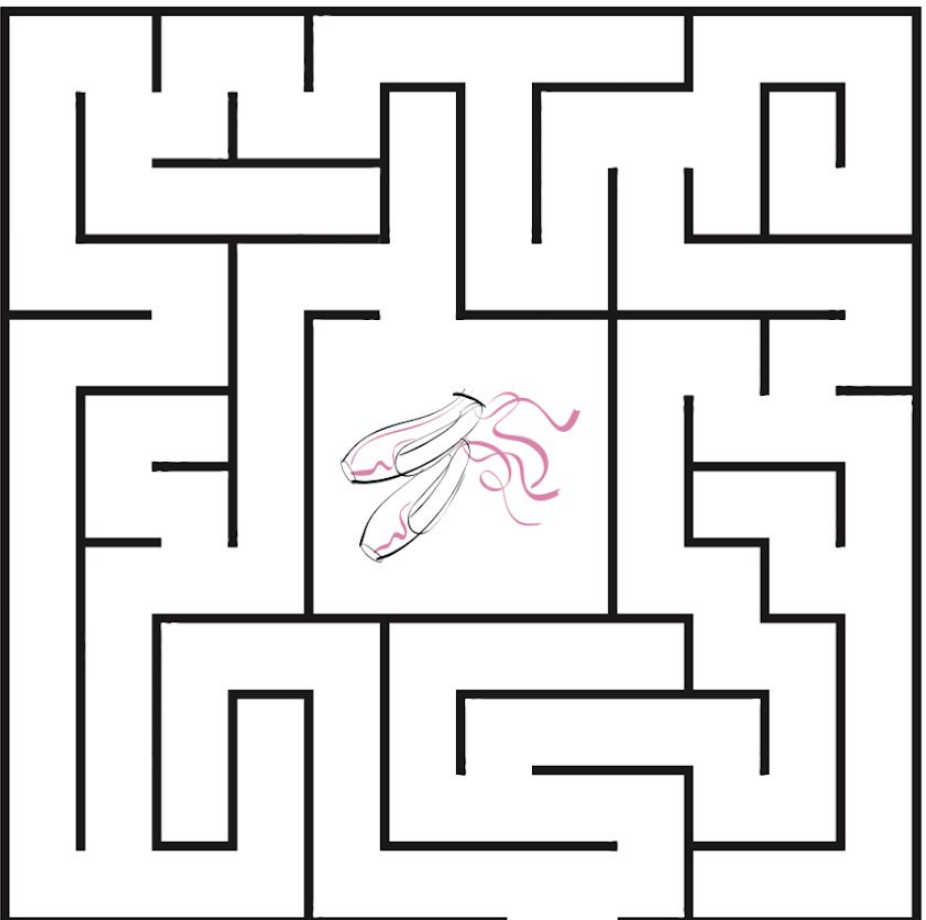




Lucy the ballerina has lost her ballet shoes and can't do her dance exam. Can you help Lucy through the maze to find her ballet shoes so she can do her exam?



# Amazed



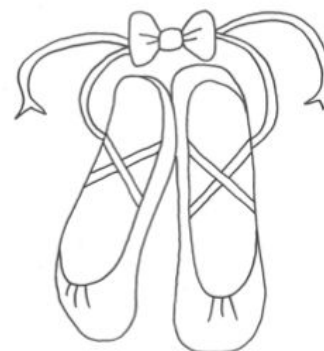
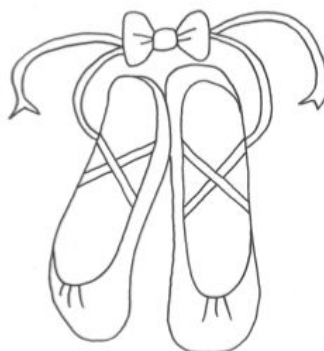
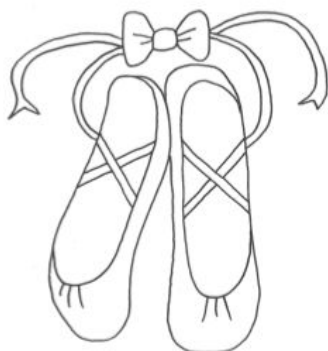
Our Elf has lost a pair of special ballet shoes in the forest, can you help her to find them?



# Ballet Sudoku

Fill in the grid with numbers 1 to 9 making sure no number is repeated in every row, every column and within each mini grid.

			3		5		1	9
7		8	2	4			5	
2	5	6	8	1			4	
	8	7		3		2		
								1
4	7	2			9			
		1		7	8	6		2



# Ballet quiz

1. Name 2 brands of pointe shoes

1. \_\_\_\_\_

2. \_\_\_\_\_

2. Name 2 professional ballet dancers from 2 different countries

1. \_\_\_\_\_

2. \_\_\_\_\_

3. What does cabriole mean? \_\_\_\_\_

4. Why do we do petits battements at the barre? What do they prepare us for in the centre?

\_\_\_\_\_

5. Which time signature do we normally use for a waltz/balancé \_\_\_\_\_

# Dance



Since ancient times, people have danced. Cave and rock paintings from as far back as 3300 B.C. show people dancing. People have danced for ritual, for celebration, and also just for fun!

Every culture has its own dance styles, and its own reasons for dancing. In ancient Greece, citizens would dance to honor gods and celebrate events. Ancient Egyptian women danced at funerals to express sadness. It was around Renaissance times that dance became something that people did for enjoyment.

In the 1600s, King Louis XIV of France enjoyed ballet, which helped make it popular with the public. Pretty soon, people were going to the theater to watch people dance, and it became into a true performing art. Now, there are all different styles of dance, from jazz to tap to hip-hop to salsa...and that's just in the Western world. All over the globe, there are countless styles of dancing, and countless reasons for it.

**Make up a dance to a favorite song. Draw each step in the boxes below.**

--	--	--	--

**Now make up a dance that tells a story. Pick a favorite book or a famous fairy tale.**

--	--	--	--

Name \_\_\_\_\_

Date \_\_\_\_\_

# Alvin Ailey

**Alvin Ailey** was a dancer and choreographer. A choreographer is someone who plans the movements that will happen in a dance. He helped change modern dance and created one of the most famous dance companies in the world. Most importantly, he paved the way for African Americans in the arts.

Alvin was born in Texas in 1931. When Alvin was 11, he and his mother moved to Los Angeles. She wanted to find work and leave the South. The South was segregated at that time. In Los Angeles, Alvin became interested in dance. His friend introduced him to a dance teacher named Lester Horton. He took classes with Lester, but wasn't sure if he wanted to pursue dance or go on to college. He moved to San Francisco in 1951, where he met a woman named Marguerite Johnson. She later changed her name to Maya Angelou and became a famous writer. Marguerite was a dancer, and the two performed around town. Alvin soon moved back to Los Angeles. There, he studied dance full-time.

In 1953, he began performing with his friend Lester's dance company. He danced in many Hollywood movies. However, later that year, Lester died suddenly. Alvin became the new director of the dance company and dedicated their first piece to his friend and teacher.

The next year, he was invited to New York to perform in a Broadway show. There, he found the dance world strange and constricting. He felt it lacked the passion and freedom that he loved so much about dance. He **decided** to start his own dance company. He named it the Alvin Ailey American Dance Theater. The dances he choreographed for the company were modern. They also used typical African American dance styles like jazz and blues, as well as traditional African dancing. Drawing on his experiences growing up in the South, his dances often evoked African American struggles. For the first few years, the company was made up of only African Americans. As time went on, it began to include people from all different backgrounds. Alvin prided himself on hiring dancers based on their talent, and not the color of their skin.

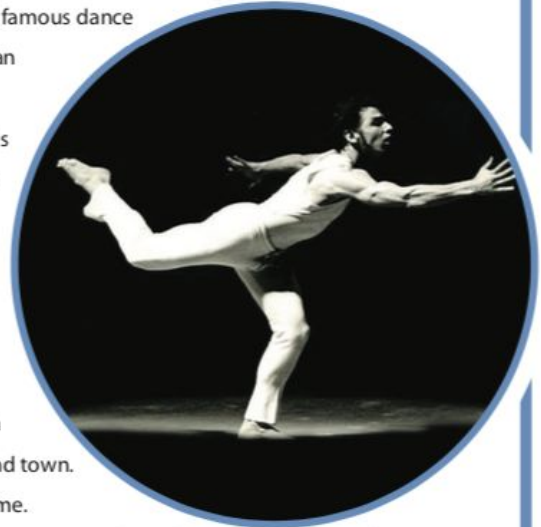
Alvin continued his work with his dance company, and also opened schools. He started programs that offered dance and arts classes to people from all backgrounds. He was awarded the Kennedy Center Honors in 1988. He died in 1989. The Alvin Ailey American Dance Theater continues to entertain people all around the world to this day.

**Directions:** Answer the questions below. Use text evidence to support your answers.

1. What is the main idea of Alvin Ailey? Write it in your own words.

---

---



Name \_\_\_\_\_

Date \_\_\_\_\_

# Alvin Ailey

2. Choose a quote from the text that supports the following statement, and record it on the lines below.

Alvin Ailey used his background to influence the way he danced.

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---

3. What can you infer about Alvin Ailey based on his decision to include people from all different backgrounds in his dance company?

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---

4. Describe what the author means when the text says, "Alvin prided himself on hiring dancers based on their talent, and not the color of their skin."

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5. How has Alvin Ailey's work continued today after his death?

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6. When Alvin Ailey noticed that the dance world was strange and lacked freedom, what did he decide to do?

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7. What are some examples of Alvin Ailey's kindness and compassion? Include two pieces of evidence from the passage.

a. \_\_\_\_\_

\_\_\_\_\_

b. \_\_\_\_\_

\_\_\_\_\_