



Health Safety Plan

Updated: As of Sept. 1, 2022 to comply provincial health directives

The health and safety of our students, staff and the North Woodside Community Centre's staff is paramount. The well-being of LHSD is directly connected to the well-being of our students and instructors. When we take care of each other, students learn and grow in a secure environment and the whole school prospers in multitudes of ways.

The following plan has been developed based on recommendations from public health directives, the management of the North Woodside Community Centre and protocols we feel will help protect our students and faculty. Please take the time to read our Health Safety Plan thoroughly and explain any necessary information to your child before attending classes, so that they can participate in classes comfortably.

The success of the plan depends on everyone working together. Due to everyone's diligence we have not had any transmission at LHSD during the pandemic and we hope that can continue. Thanks for understanding that this is an evolving document for an evolving situation, and it is subject to change...

Code of Behaviour & Contact Tracing

- All students or parents/guardians who enter the building must comply with the instructions in this document.
- Any students who do not follow the health safety instructions of faculty will be sent home from class without refund.
- Students with COVID-like symptoms must not attend classes until they have negative test results or have been diagnosed by a health practitioner.
- We request that you continue to report any possible COVID contact transmission so that we can advise other students and instructors. This helps keep the LHSD community and their families healthy and safe.
- Students with COVID must not attend classes for seven days following the onset of symptoms or a positive test. Students are welcome to attend via Zoom during that quarantine period.

Proof of Vaccination - No Longer Required

Nova Scotia Provincial Health no longer requires proof of vaccination to participate in dance classes.

Masking - Now Optional

In this time of transition we recognize that we will all be adjusting to the masking choices of others and the effect that might have on our choices about physical distancing. Please be tolerant and understanding of everyone's personal choices in these matters. Ultimately we want to maintain an environment where all students and instructors feel safe and respected.

In Hallways & Washrooms — The municipality’s mandatory mask order is now rescinded. Wearing a mask in the hallways, washrooms and other common areas is optional and an individual choice. The Centre’s management recommends that you continue to wear masks in these areas of the building, but note it is not required.

In Studios & Classes — In accordance with provincial health directives, masks are no longer required to be worn during dance classes. Consider the following masking options that suit your comfort level:

1. Wearing a mask throughout the full class.
2. Wearing a mask while at the barre or when distancing cannot be maintained.
3. Only removing a mask for centre exercises that require greater physical exertion.
4. Attending class without a mask.

Entering & Exiting The Building

Entering — Students and parents may now resume using the panel at the main doors to ‘buzz’ for entry. We will no longer be meeting students at the building’s main entrance. Use the following room buzzers:

- Room #5 - main studio
- Room #4 - KiDance, Pre-Jazz, Jazz A on Saturdays

Exiting — Students now have the option to exit via the main front doors or the side exit to the large parking lot at the end of classes.

Physical Distancing & Room Capacity

In Hallways & Washrooms:

- According to municipal policy reduced gathering limits and distancing orders are now rescinded.
- You are now permitted to wait in the hallways masked or unmasked as you choose. Note that the North Woodside Centre wants to discourage people from gathering in the hallways for long periods of time, and therefore will not be reinstalling hallway benches and chairs at this time.
- During class times the wheelchair accessible washroom at the end of the hallway by the main studio will continue to be for the use of LHSD students. The washrooms are being disinfected by Centre staff frequently.

In The LHSD Cloakroom:

- Students should arrive dressed for class or change in the public washrooms.
- The LHSD cloakroom will continue to be a teacher-only area, due to the restricted size of the room and lack of air flow. Students will continue to leave their outdoor footwear by the hallway door and bring their personal items into the studio and leave them at the front or back of the room against the walls.

In Studios & Classes:

- LHSD traditionally maintains small class sizes, and therefore we will continue to distance students as much as possible.