



**Office:** 117 Crichton Ave., Dartmouth, NS, B3A 3R6

**Studio:** North Woodside Community Centre,  
230 Pleasant St., Dartmouth, NS

**Phone:** 902-209-9036

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## Class Schedule - 2024/25

### Notes:

- Students are placed in classes based on experience and readiness. Ages are shown as approximate guidelines.
- Adults with training should take the class at their appropriate level. Please contact the office for level recommendations.
- Conditioning is open to all ages and skill levels. Please note it has a 'dancer' focus.
- Schedule is subject to change.
- All students must abide to all published policies on the website, this schedule and the annual Registration Form.

### Health Safety:

- Classes will adhere to health safety protocols as required by NS Health.
- Students must be familiar with our *Health Safety Plan* prior to the start of their session and will be required to abide by the plan to participate in in-person classes.

Class	Age	Class Day & Time	Teacher
<b>Creative Movement</b>			
KiDance	3-5	Sat. 9:00-9:45AM	Lehman
<b>Ballet &amp; Pointe</b>			
Primary/Ballet 1	5-7	Sun. 12:30-1:15PM	Lehman
Ballet 2	7-8	Sat. 9:45-10:45AM	Lehman
Ballet 3	8-9	Sat. 11:30-12:45PM	Hardy
Ballet 4	9+	Sun. 1:15-2:30PM	Lehman
Ballet 5	10+	Mon. 4:30-6:00PM	Hardy
Ballet 6/7 (Non-exam open class)	All ages	Sun. 2:30-4:00PM	Lehman
Ballet 7 & Pointe*	12+	Wed. 4:30-6:30PM	Hardy
Ballet 8 & Pointe*	13+	Thu. 4:30-6:30PM	Hardy
Ballet Elementary & Pointe*	15+	Wed. 7:30-9:30PM	Hardy
Ballet Intermediate & Pointe*	16+	Sat. 12:45-2:45PM	Hardy
Ballet Advanced & Pointe*	17+	Thu. 7:30-9:30PM	Hardy
Classical Variations**	By approval	Sat. 2:45-3:15PM	Hardy
Adult Ballet Beginner	Adult	Thu. 6:30-7:30PM	Hardy
Adult Ballet Basic	Adult	Mon. 6:00-7:30PM	Hardy
*Class may be taken without the final 1/2-hour pointe section.			
**Open to Ballet Intermediate students.			
<b>Jazz, Modern &amp; Floor Work</b>			
Jazz A	7-8	Sat. 10:45-11:30AM	Lehman
Jazz B/Modern B Combo	8+	Tue. 4:30-6:00PM	Lehman
Sr. Jazz, Leaps & Turns*	11+	Fri. 4:30-6:00PM	Wiebe
Modern D	11+	Tue. 6:00-7:30PM	Wiebe
Modern E	13+	Tue. 8:00-9:30PM	Wiebe
Floor Work**	By approval	Tue. 7:30-8:00PM	Wiebe
*Open to students in Ballet 6 and higher, or by instructor approval.			
**Open to students in Modern D and higher, or by approval of the instructor.			
<b>Conditioning &amp; Privates</b>			
Conditioning	All ages	Wed. 6:30-7:30PM	Hardy
Private/Semi-Private	All ages	Mon., Fri., Sat., Sun. By Appointment	By Appointment