

## Class Schedule - 2024/25

## Notes:

- Students are placed in classes based on experience and readiness. Ages are shown as approximate guidelines.
- Adults with training should take the class at their appropriate level. Please contact the office for level recommendations.
- Conditioning is open to all ages and skill levels. Please note it has a 'dancer' focus.
- Schedule is subject to change.
- All students must abide to all published policies on the website, this schedule and the annual Registration Form.

## **Health Safety:**

- Classes will adhere to health safety protocols as required by NS Health.
- Students must be familiar with our *Health Safety Plan* prior to the start of their session and will be required to abide by the plan to participate in in-person classes.

Class	Age	Class Day & Time	Teacher		
Creative Movement					
KiDance	3-5	Sat. 9:00-9:45AM	Lehman		
Ballet & Pointe					
Primary/Ballet 1	5-7	Sun. 12:30-1:15PM	Lehman		
Ballet 2	7-8	Sat. 9:45-10:45AM	Lehman		
Ballet 3	8-9	Sat. 11:30-12:45PM	Hardy		
Ballet 4	9+	Sun. 1:15-2:305PM	Lehman		
Ballet 5	10+	Mon. 4:30-6:00PM	Hardy		
Ballet 6/7 (Non-exam open class)	All ages	Sun. 2:30-4:00PM	Lehman		
Ballet 7 & Pointe*	12+	Wed. 4:30-6:30PM	Hardy		
Ballet 8 & Pointe*	13+	Thu. 4:30-6:30PM	Hardy		
Ballet Elementary & Pointe*	15+	Wed. 7:30-9:30PM	Hardy		
Ballet Intermediate & Pointe*	16+	Sat. 12:45-2:45PM	Hardy		
Ballet Advanced & Pointe*	17+	Thu. 6:30-8:30PM	Hardy		
Classical Variations**	By approval	Sat. 2:45-3:15PM	Hardy		
Adult Ballet Basic	Adult	Mon. 6:00-7:30PM	Hardy		
*Class may be taken without the final 1/2-hour pointe section.					
**Open to Ballet Intermediate students.					
Jazz, Modern & Floor Work					
Jazz B/Modern B Combo	8+	Tue. 4:30-6:00PM	Lehman		
Sr. Jazz, Leaps & Turns*	8 <del>+</del> 11+	Fri. 4:30-6:00PM	Wiebe		
Modern D	11+	Tue. 6:00-7:30PM	Wiebe		
Modern E	11+	Tue. 8:00-9:30PM	Wiebe		

\*Open to students in Ballet 6 and higher, or by instructor approval.

Floor Work\*\*

\*\*Open to students in Modern D and higher, or by approval of the instructor.

By approval

Conditioning & Privates			
Conditioning	All ages	Wed. 6:30-7:30PM	Hardy
Private/Semi-Private	All ages	Mon., Fri., Sat., Sun. By Appointment	By Appointment

Tue. 7:30-8:00PM

Wiebe